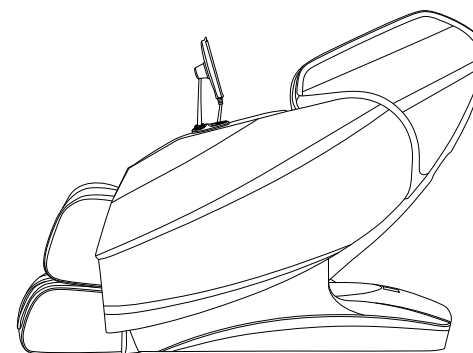


iRest

SAVE THESE INSTRUCTIONS



iRest Grandease + (A550)
MASSAGE CHAIR
——— Operation Instructions ———

Thanks for purchasing this product. Please read this manual instruction carefully in order to know how to use this product correctly before operation. Please pay more attention to some important safety warning and keep this manual book properly for future use.

Note: Our company reserves the right to change and explain the design of the product. If there is some difference between the product function in market circulation and the description in the manual, it is a normal update of the product, and our company will not inform you otherwise. The specific product function and color shall prevail in kind.

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Safety Precautions (Must be observed)

- Please read all relevant instructions carefully before use.
- The notes marked here will help you to use the product safely and correctly.
- In order to clearly indicate the extent of harm and damage, precautions are divided into **"Warning"** and **"Caution"** that may be caused by incorrect use. Both of them are important for safety and must be followed.

 Warning	Indicates that serious injury or death may result from improper use.
 Caution	Indicates that misuse may cause minor injury or property damage.

- Please pay attention to the symbol before each safety item.

 Forbidden	Absolutely Prohibited
--	-----------------------

The following populations should not use this product

 Forbidden	■ This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. ■ Children should be supervised to ensure that they do not play with the appliance. ■ The appliance has a heated surface. Persons insensitive to heat must be careful when using the appliance. ■ Patients with osteoporosis. ■ Patients with severe heart disease and wearing implantable medical devices such as pacemakers and defibrillators that are susceptible to electromagnetic waves. ■ People who have a fever (above 38 degrees). ■ Pregnant women or shortly after childbirth and during their menstruation period. ■ People who follow medical advice and are prohibited from receiving massage due to thrombosis, aneurysm, severe varicose veins, or other circulatory diseases. Within two weeks after the appearance of blood clots, it is strictly prohibited to massage any form of body parts that have blood clots. ■ People with injuries or skin conditions. ■ Unsupervised children under the age of 14, or anyone unconscious ■ People advised by their doctors to rest or those feeling unwell. ■ People with spinal abnormalities or scoliosis are prohibited from receiving this product due to medical advice due to other diseases. ■ People with wet bodies.
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Safety Precautions (Must be observed)

Important safety warnings

 Warnings	■ If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard. ■ Keep children away from the movable parts of this product. ■ Use a properly grounded power source that is compatible with this device. ■ Unplug the power cord after use or before cleaning to prevent personal injury or damage to the device. ■ Use this device according to the instructions in the manual. ■ Do not use any parts or accessories that are not recommended. ■ Do not use this product outdoors. ■ Do not use near open flames such as stoves, and do not smoke while using. ■ Do not use heating equipment such as electric blankets on this product. ■ Do not sit on the back of the chair, leg massagers, shoulders, armrests, or stand on the seat. ■ Please read the instruction manual before operation. ■ Never use this product for any purpose not listed in the manual. ■ Limit each use to 20 minutes. ■ Do not use this product if the cover or leather is broken or damaged. ■ Do not drop anything into this product. ■ Never fall asleep while using this product. ■ Do not use this product if you are intoxicated or feeling unwell. ■ Do not use this product within one hour of eating. ■ Do not apply excessive force when using this product to avoid injury. ■ Do not use for purposes other than massage. ■ Precautions: Keep away from children. Do not store near high temperatures or open flames. ■ Fully insert the power plug into the outlet and ensure secure contact during use. ■ When using an extension cord, only use nationally certified products. ■ Disconnect power when leaving the premises. ■ Immediately discontinue use and disconnect the power if abnormal noise, odor, overheating, or malfunction occurs. ■ Do not power the unit from lamp socket outlets. ■ Total current draw of connected appliances must not exceed the rated current of the main outlet/circuit. ■ Never use near flammable/explosive materials. ■ Do not disassemble this product or modify its internal wiring, components, or safety features. ■ When unplugging, do not pull on the power cord. ■ Only use specified fuse ratings - never substitute with conductive materials or incorrect ratings. ■ Do not alter the trip settings of circuit breakers or residual current devices.
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Safety Precautions (Must be observed)

Safety precautions	
 Caution	■ Check whether voltage is consistent with the specification of this product. ■ Never insert or unplug the power cord with wet hands. ■ Do not allow water to enter this product to avoid electric shock or damage. ■ Do not pull the power cord when plugging or unplugging. Avoid rough handling. ■ Do not damage the wire or modify the circuit of this product. ■ Do not clean electrical parts, such as the power switch or plug, with a wet cloth. ■ Stay away from this product during a power failure to avoid injury if power is suddenly restored. ■ Stop using this product immediately if it malfunctions, and contact your local supplier. ■ Stop using this product if you feel unwell, and consult your health care practitioner.

Product care and maintenance	
 Caution	■ This product should be maintained by the service center designated by the manufacturer only. No user should disassemble or maintain it without permission. ■ Do not forget to turn off the main power switch after usage. ■ Do not use this product if the power socket is loose. ■ If the product will not be used for an extended period, roll up the power cord and store it in a dry, dust-free environment. ■ Do not store this product at a high temperature or near open flame. Avoid prolonged exposure to direct sunshine. ■ Please clean this product with dry cloth. Never use thinner, benzene or alcohol. ■ The mechanism of this appliance is specially designed and does not require special maintenance. ■ Do not puncture this product with sharp objects. ■ Do not roll or pull this product on any uneven ground. Instead, it should be lifted before moving. ■ Please use this product intermittently. Do not keep it working continuously for a long period of time. ■ Allow intermittent operation - continuous long-term use is prohibited.

Safety Precautions (Must be observed)

Storage conditions	
 Caution	■ Storage room temperature: 5 °C to 40 °C. ■ Relative humidity (RH) between 20% and 80%; free of corrosive gases, and a well-ventilated room.

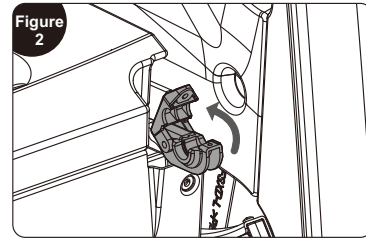
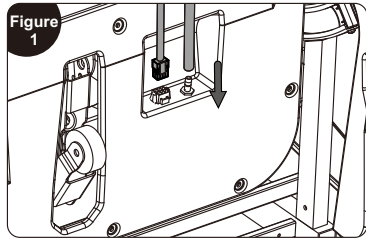
Operating environment	
 Caution	■ Do not use this product in a highly humid environment, such as a bathroom. ■ Stop using this product immediately when the ambient temperature changes sharply ■ Do not use this product immediately after a sudden change in ambient temperature. ■ Do not use this product in environments with heavy dust or corrosive gases. ■ Do not use this product in confined spaces or areas with poor ventilation.

Solutions to ordinary malfunctions	
 Caution	■ If the motor sounds during operation of this product, this is the normal operation sound. ■ If the controller is not working normally, check if the power plug and socket are securely connected, and ensure the power switch is turned on. ■ If the rated working time is over, this product will automatically activate the power-off button; If this product keeps operating for a long period of time, the temperature protector will stop this product automatically. The product can be used again after half an hour. ■ Weight limit: 150kg. Heavier users should purchase our reinforced models.

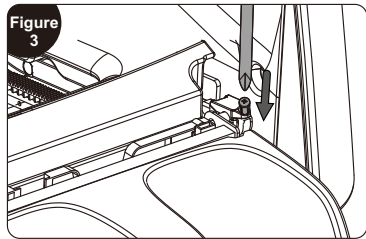
Installation parts

Calf mechanism installation instructions

1. Insert the cable and air pipe of the calf mechanism, respectively, into the sockets at the front of the steel frame assembly (Figure 1).
2. After the connection is completed, open the calf mechanism fixing covers on both sides of the steel frame assembly (Figure 2).

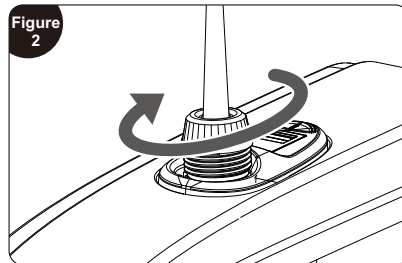
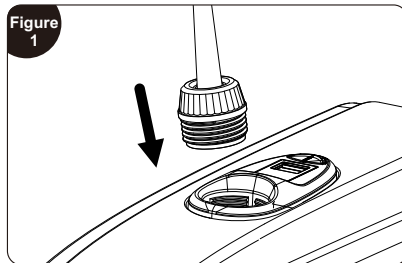


3. Raise the calf mechanism and put it into the slot and cover the fixing cover and finally fix it in place with 2 M4 screws (Figure 3).



Remote control holder installation instruction

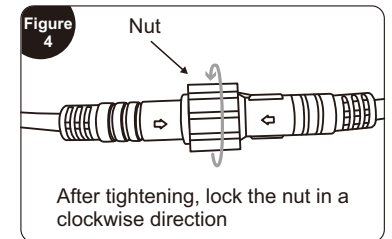
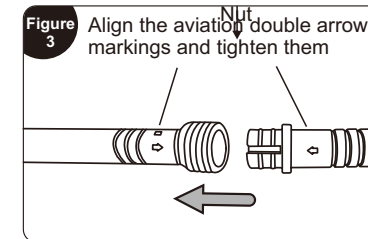
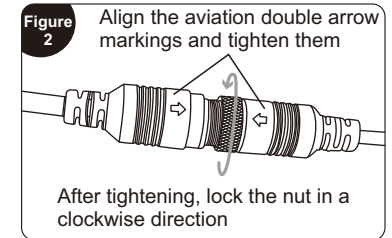
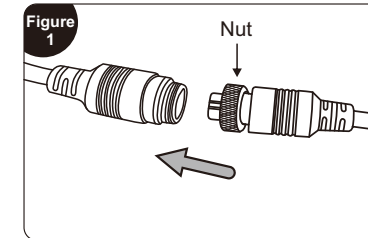
Align the threads on the support knob of bracket assembly with the threads on support mounting seat of massage chair armrest (Figure 1), then rotate the bracket assembly clockwise and tighten it to fix it (Figure 2).



Installation parts

Installation instructions for the aviation plug of the manual controller

1. **Non fixed aviation plug installation method:** Align the arrow marks of the aviation plug (Figure 1, Figure 3) and the aviation plug (Figure 2, Figure 4), then tighten them, and then lock the nut clockwise.



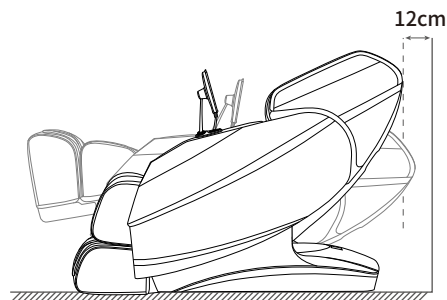
Place massage chair

Installation placement

Make sure there is enough space for the massage chair can be tilted at least 12 cm.



Do not expose the massage chair to direct sunlight or high-temperature environments (e.g., in front of heating devices). Place it in an area where it can avoid heat and direct sunlight. For long-term use in a fixed location, it is recommended to place a soft cushion underneath. The cushion should be large enough to cover the area where the chair and the footrest touch the floor.

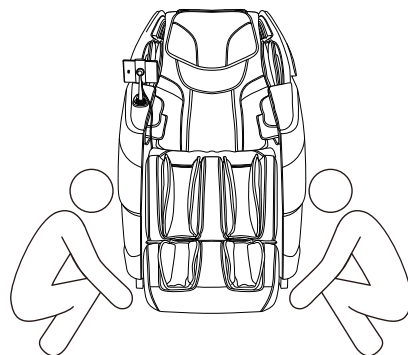


Product lift instruction

Two-person lifting required due to product weight.



1. Please lift the massage chair when moving it on delicate surfaces, such as wooden floors.
2. When moving on similar surfaces, lifting is recommended to avoid damaging the casters. Be cautious when lowering the chair into the designated position to avoid hand or foot injuries. Do not release the chair until it is completely flat. To prevent floor damage, it is recommended to place a mat or protective covering on the floor.



Place massage chair

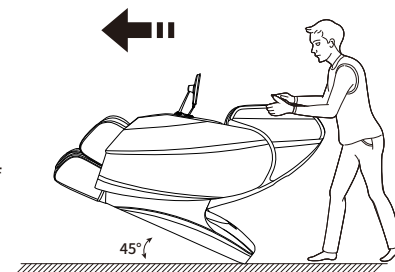
Move method

Use the rear casters to move the massage chair. Tilt the chair backward approximately 45° as shown in the diagram to move it.



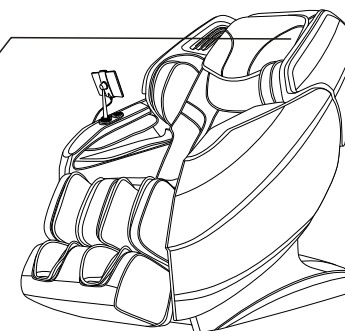
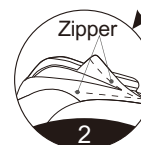
NOTE: Excessive force to title will cause the chair to tip over completely and product damage.

1. Before moving, ensure the massage chair is properly powered off, with both the backrest and calf sections fully reset, and the power supply disconnected.
2. The chair should remain empty during movement; no people, pets, or objects should be on it.
3. Do not move the chair over obstacles higher than 2mm or gaps wider than 5mm.
4. When moving the chair using the casters, avoid continuous movement over distances greater than 50 meters. If necessary, move the chair slowly and at a steady pace.



How to disassemble and use headrest cushion and backrest cushion

Using a headrest cushion can reduce the intensity of kneading massage on the neck and shoulders, and you can decide whether to use a headrest cushion according to your needs (recommended to use a headrest cushion). The backrest cushion and the backrest are connected by a zipper (1), and the headrest cushion and the backrest cushion are connected by a zipper (2).



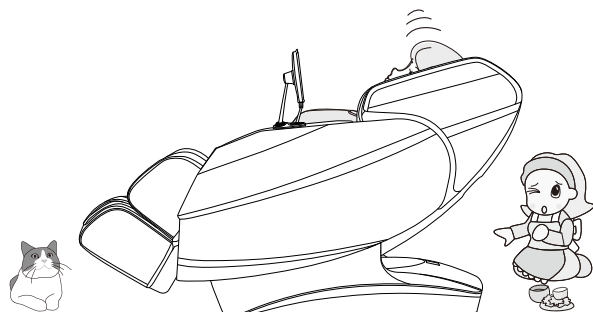
Before use

Check around



Caution

Make sure that there are no people, pets and other objects around the unit.

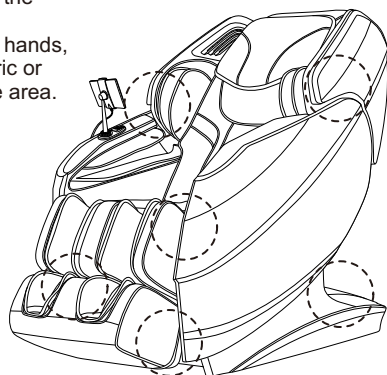


Make sure there are no foreign objects in the gaps of the machine



Caution

Before massaging, make sure that no foreign objects are caught in the legs, feet, etc.
Under no circumstances allow hands, feet, and head to penetrate into the area between the lower leg mechanism and main body, or the area between the armrest and the capsule.
Under no circumstances should hands, feet, or head sink under the fabric or leather covering of the massage area.

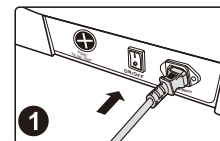


Before use

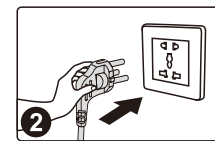
Turn on the power



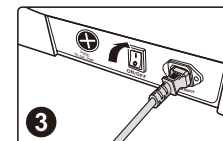
Caution



Plug in power cord



Schematic diagram of power on



Turn on the power switch ("I" position)

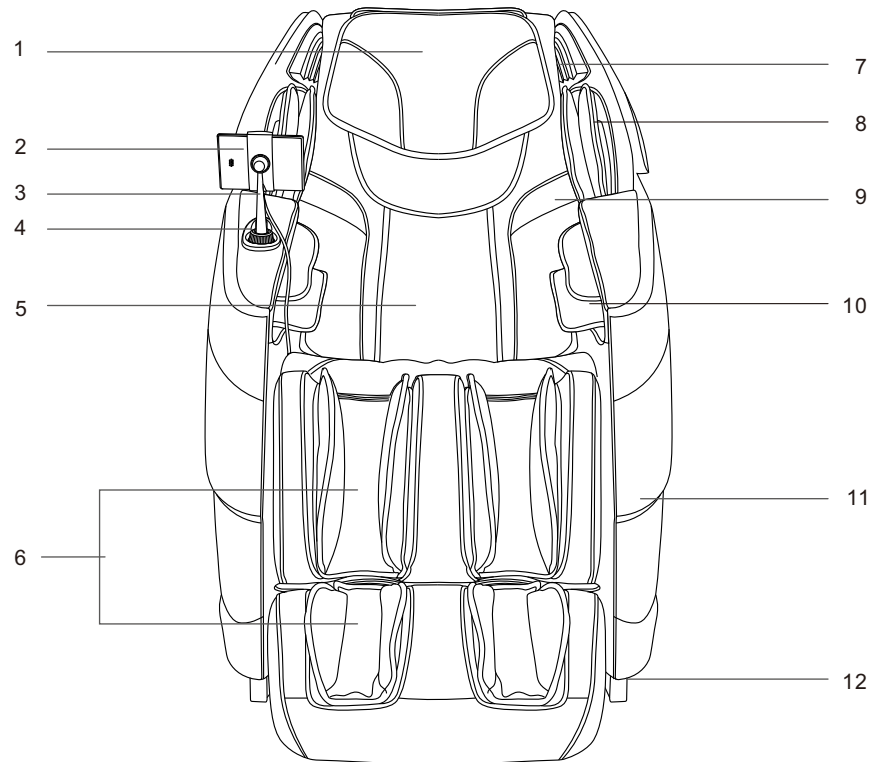


Warnings

- Please check the power cord and plug for damage before use.
- Please supply power to this product in accordance with the working power requirements of this product's calibration.
- It is strictly forbidden to use a power supply other than the nominal power supply of this product.
- It is strictly forbidden to connect various power conversion devices without authorization to supply power to this product.

Product structure

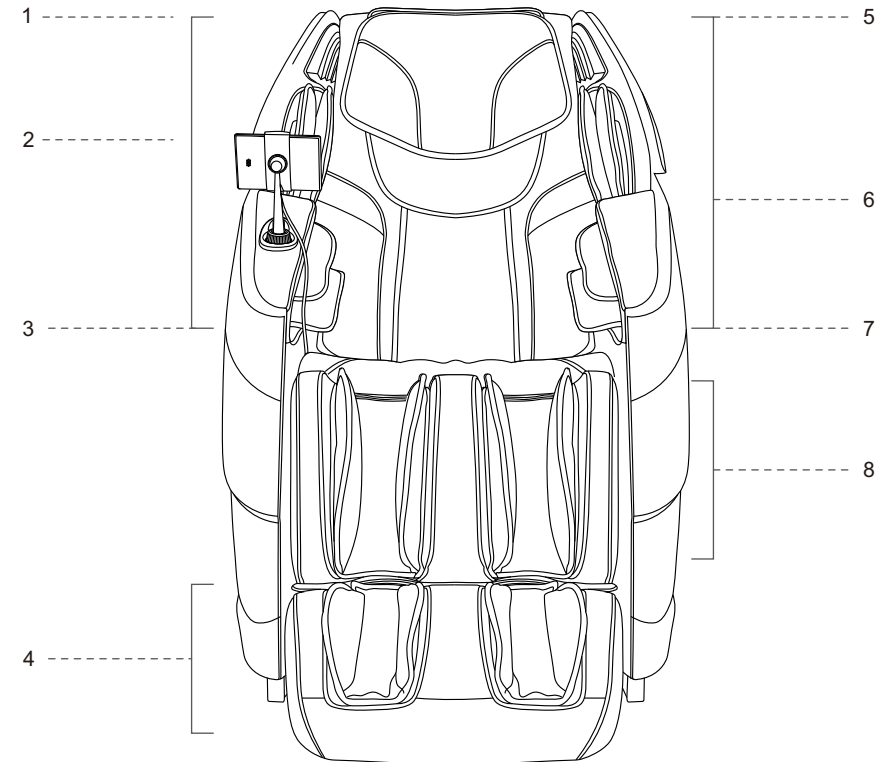
Description of Components



- | | |
|--------------------------|---------------------------|
| 01.Headrest Cushion | 07.Speaker Cover Assembly |
| 02.Manual Controller | 08.Shoulder Airbags |
| 03.Controller Holder | 09.Shawl Assembly |
| 04.Armrest Shortcut Keys | 10.Arm air pressure |
| 05.Back Cushion | 11.Armrest Outer Cover |
| 06.Leg Massage Mechanism | 12.Side Cover |

Product structure

Schematic view of functional distribution

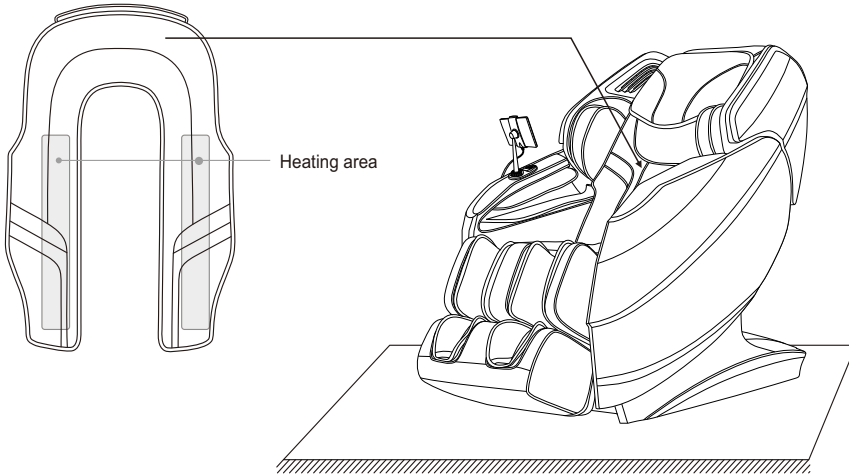


- | | |
|--|-------------------------------------|
| 1.Shoulder | 5.Both side of the head |
| • Air massage | • 3D digital audio system |
| 2.Arm | • Music player |
| • Air massage | • Voice control function |
| • Remote controller bracket | • Built-in voice control microphone |
| • Mobile phone holder | 6.Head and neck to sitting area |
| • USB charging port | • Mechanism massage |
| 3.Palm | 7.Shoulder, Back, Waist, Abdomen |
| • Air massage | • Heated shawl |
| • Convex point massage and magnetic therapy | 8.Legs |
| 4.Feet | • Air massage |
| • Air massage | • Calf knead |
| • Roller massage | |
| • Electrically adjustable foot telescopic | |
| • Automatic leg length detection | |
| • Anti-pinch detection between the upper and lower sections of the calf. | |

Product structure

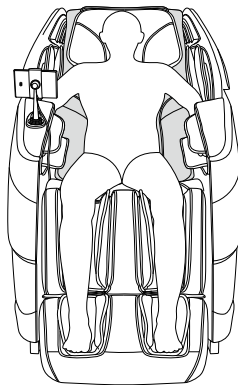
How to use the shawl

It features a unique shawl component, with innovative heating functions on the shoulder, back, waist and abdomen. Users can place the shawl at different massage positions according to massage requirements.



Schematic diagram of use on back and waist

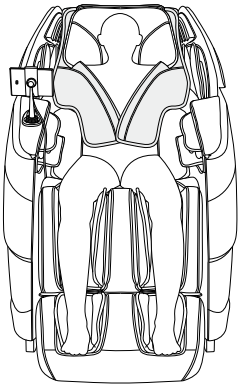
When the shawl component is placed on the back and waist position, the shawl built-in heating, dredge the back meridians, promote blood circulation and warm the kidney, relieve low back pain, back cold stiffness, pain and other conditions.



Product structure

Schematic diagram of use on shoulder and abdomen

When the shawl component is placed at the shoulder position (front/rear), it will heat the acupoints such as Bingfeng, Tianzong, Yunmen and Qihu around the shoulder and clavicle through the shawl built-in heating; it can also be placed on the abdomen to heat the abdomen through the shawl built-in heating.

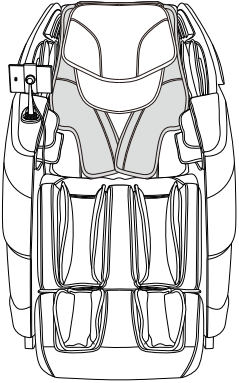
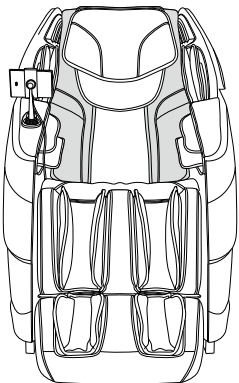


Use demonstration of the shawl on the back



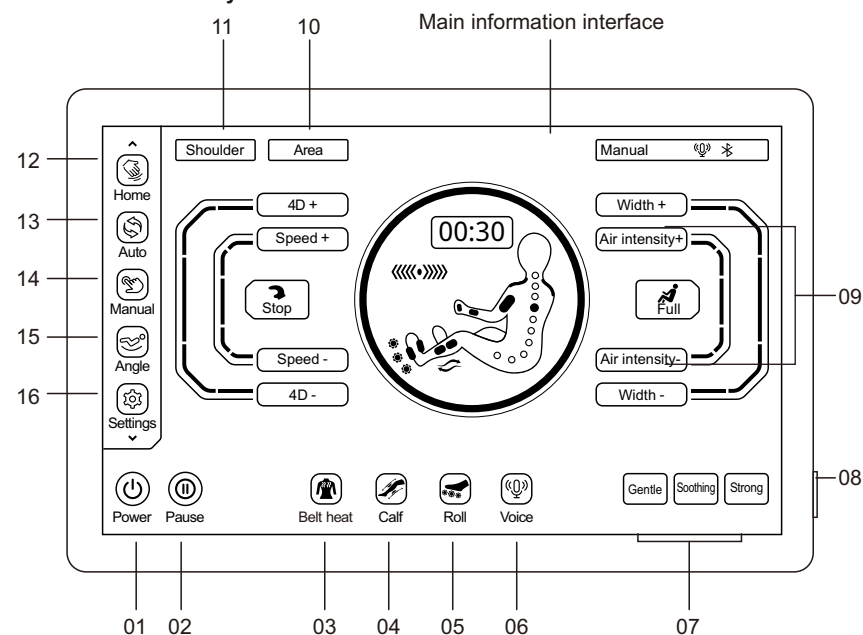
Caution

1. Correct placement and use: When the shawl is used on the back (or the massage chair is not turned on), please place the shawl on both sides of the backrest and put the lower magnet and the backrest cushion lumbar position of the magnet corresponding suction well; if you do not need to use the shawl function, level the shawl and lift back behind the massage chair.
2. Wrong placement and use: When the shawl is used on the back (or the massage chair is not turned on), do not bring the shawl together in the middle manipulator massage area, which may lead to functional failure, product failure and other serious faults. At the same time, do not fold, twist, cross the shawl, and place and use the shawl on your back.



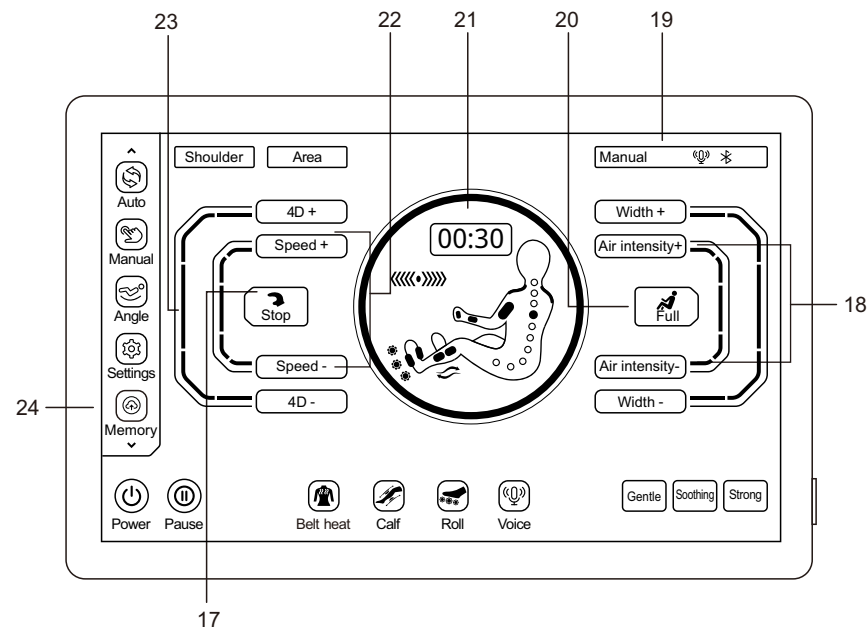
Product structure

Remote controller keys instruction



- 01.On/off key: Enable or disable the massage chair function
- 02.Pause key: Pause The massage or exit from pause massage
- 03.Belt heat key: Turn the Belt heat function on/off.
- 04.Calf knead: Enable or disable the Calf knead function.
- 05.Roller key: Enable or disable the sole roller function
- 06.Voice key: Wake up the voice assistant.
- 07.Intensity selection key: Select one from different automatic massage intensities.
- 08.Button on/ff key: Turn on or off the massage chair.
- 09.Air pressure strength key: Adjust air pressure intensity massage function.
- 10.Massage areal key: Select the appropriate area for massage
- 11.Shoulder position adjustment key: Regulate shoulder position and confirm massage criterion.
- 12.Current status key: Enter to view current massage chair status
- 13.Auto function menu key: Enter the Auto massage function interface
- 14.Manual function menu key: Enter the Manual massage function interface
- 15.Angle function menu key: Enter the Angle adjustment interface to select sitting posture angle.
- 16.Setting menu key: Enter the setting menu interface

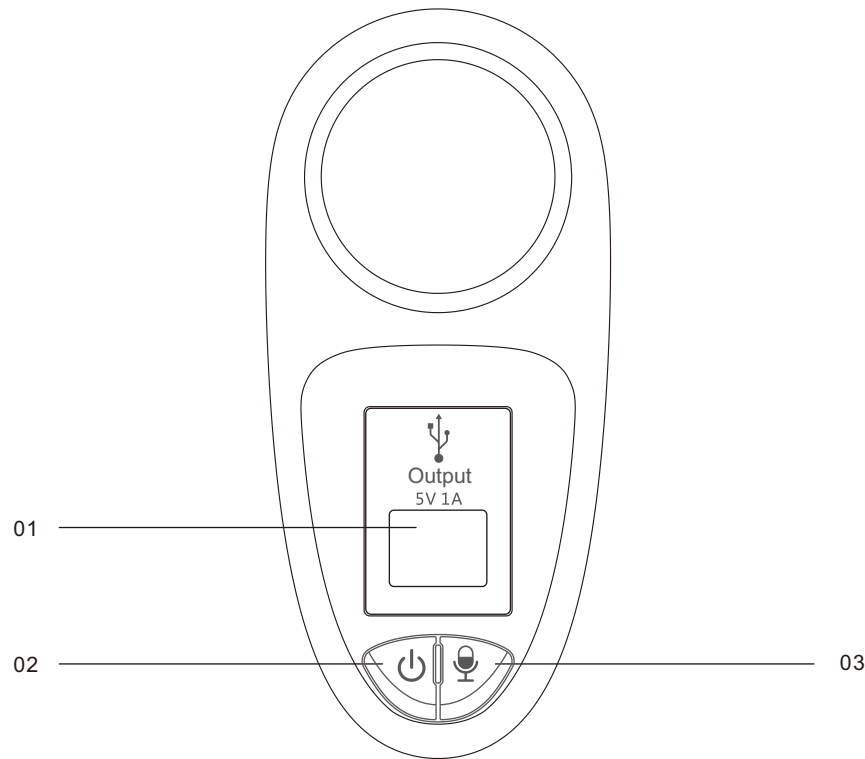
Product structure



- 17.Massage technique selection key: Select the massage technique
- 18.Massage width key: Adjust the massage width.
- 19.Status display bar key: Display the massage program status information.
- 20.Air massage selection key: Select air position.
- 21.Time adjustment menu key: Adjust the massage time.
- 22.Massage speed key: Adjust the massage speed.
- 23.4D intensity key: Adjust 4D intensity
- 24.Memory key: Enter the memory interface

Product structure

Armrest shortcut key description

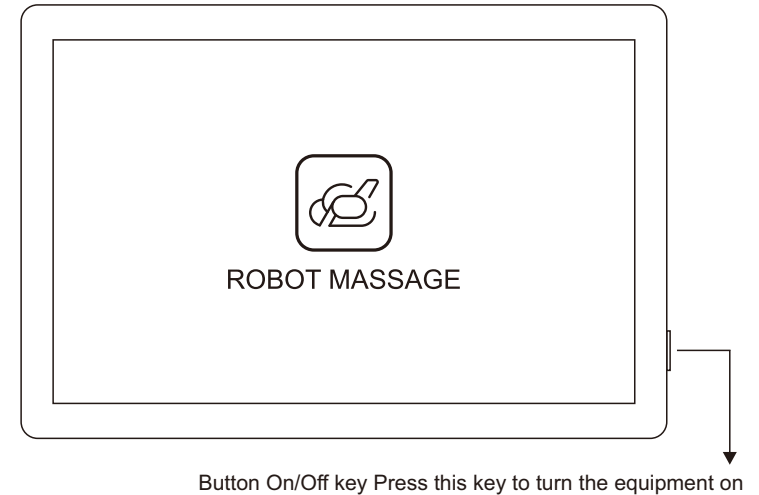


- 01.USB charging port: Charges mobile phones or other electronic devices.
02.On/off key: A long press of this key can turn the massage chair on or off and a short press pause or exit the massage.
03.Voice key: A long press of this key can enable or disable the voice assistant function and a short press can wake up the voice assistant.

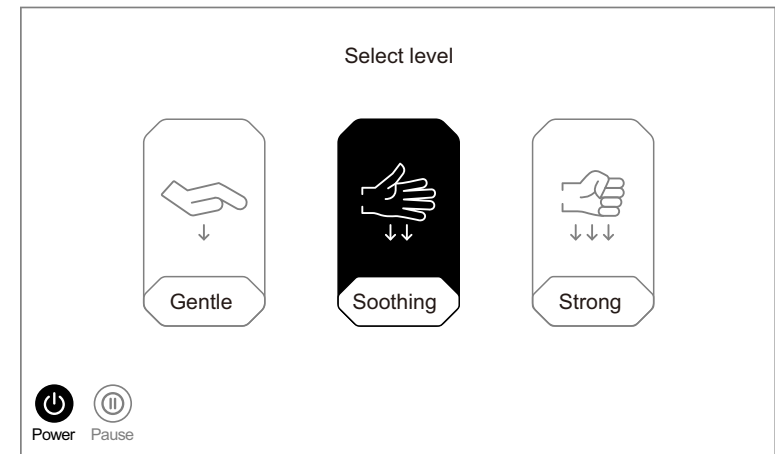
Operation Instructions

I.Start massage

- 1.Press the remote controller side button "on/off " key or long press the armrest "on/off"key on the armrest to start the device and enter the startup screen.

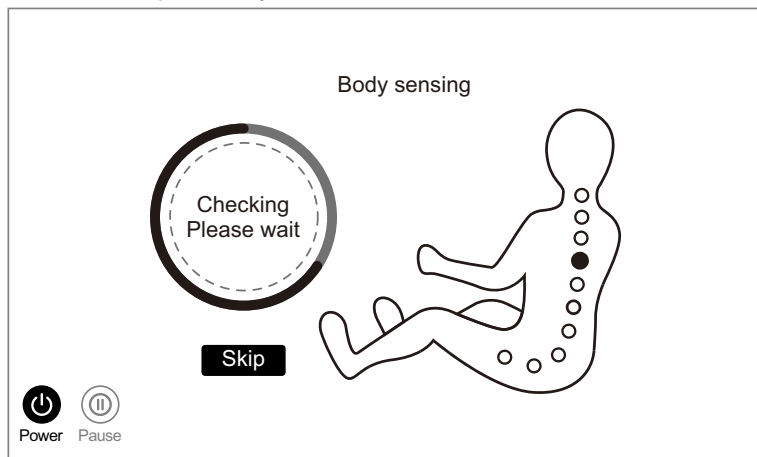


- 2.Select Massage Intensity: After the system's startup screen ends, the system will automatically enter the "**Select level**" interface (as shown in the following figure). After entering the interface, select the appropriate massage intensity to start the massage chair. There are three intensity options available: "**Gentle, Soothing, and Strong**". Once any intensity is selected, the system will automatically jump to the Auto Lying Down interface. If no choice is made within 20 minutes, the massage chair will automatically shut down.

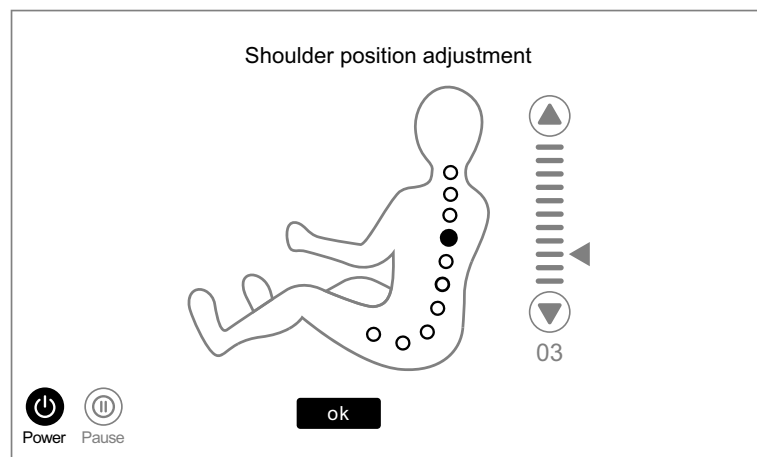


Operation Instructions

3. **Body Sensing Progress:** After the massage intensity is selected, the system will automatically enter the **"Body sensing"** interface. The massage chair will automatically detect the user's body shape. After the detection is completed, the mechanism will be positioned at the shoulder. If no detection is needed, you can directly click the **"Skip"** key. The system will default the body shape and start the massage directly, and then enter the shoulder position adjustment interface.

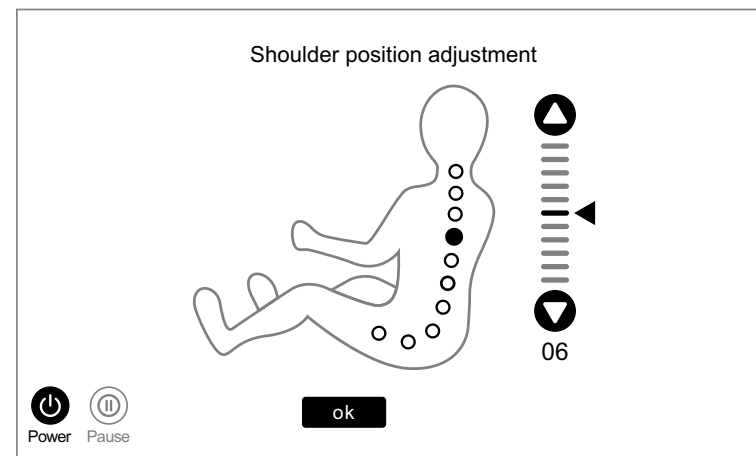


4. **Shoulder Position Adjustment:** After the body detection is completed, the system will automatically enter the **"Shoulder Position Adjustment"** interface (as shown in the figure below), accompanied by a voice prompt instructing you to manually fine-tune the shoulder position. If the massage rollers are already positioned at your shoulders, no adjustment is needed. Simply click **"ok"** to start the massage. Note: If no operation is performed within 10 seconds, the system will default to the current position of the massage rollers as your shoulder position and will automatically begin the massage.



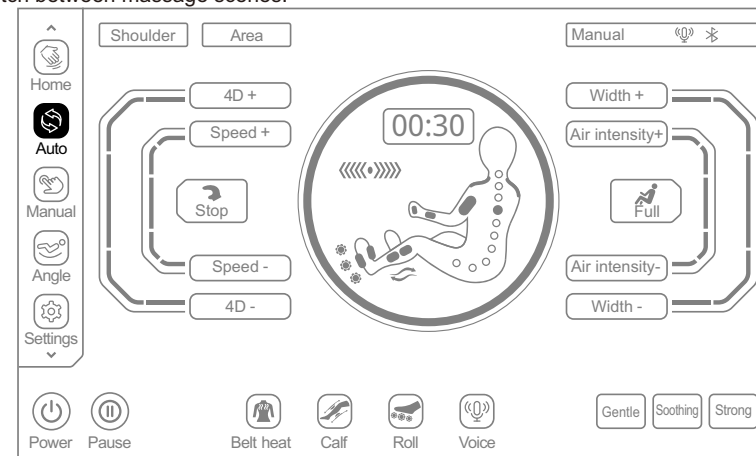
Operation Instructions

4.1. **Shoulder position fine-tuning:** After entering the shoulder position adjustment interface, please follow the voice prompts to make manual adjustments. If the massage robotic hand does not accurately stop at your shoulder position, you can fine-tune it by pressing the up "▲" or down "▼" buttons (with 11 adjustable levels in total) until the massage wheel aligns with the shoulder position. Once adjusted, press **"ok"** to start the massage.



II. Automatic program (please use this function after the equipment is turned on)

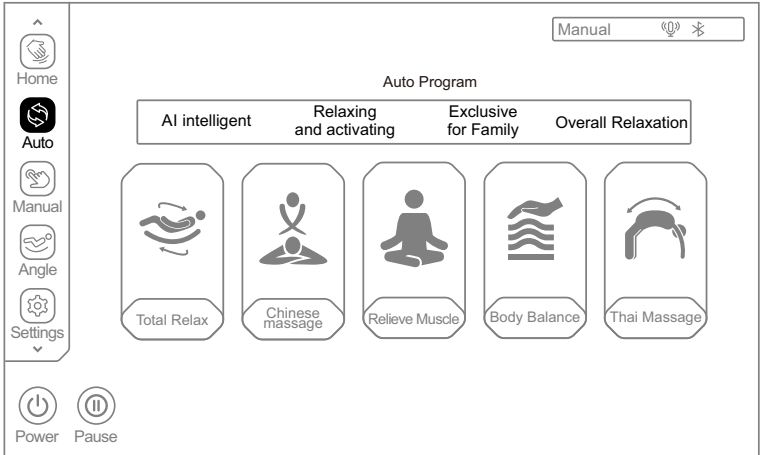
On the manual controller interface, click the **"Auto"** key in the left menu bar (as shown in the figure below) to enter the automatic function selection screen, then choose the desired automatic massage function according to your massage needs. Swipe left or right to switch between massage scenes.



Home interface - Automatic Mode Diagram

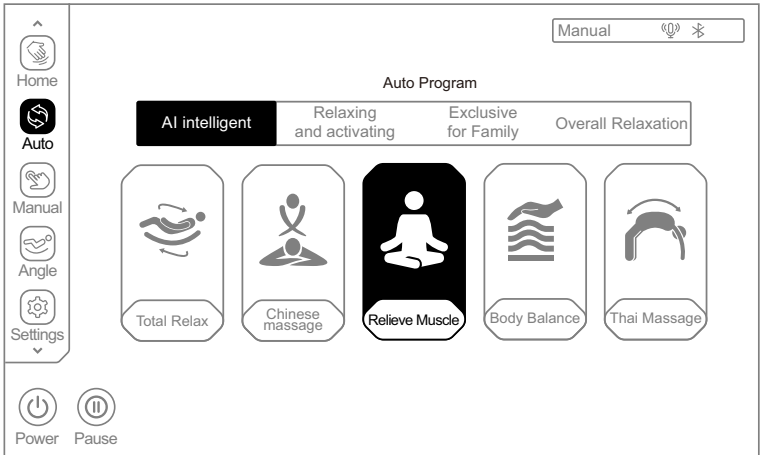
Operation Instructions

1.Scenario Selection: After entering the automatic mode interface, as shown in the figure below, click the on any of the massage scenarios “**AI intelligent, Relaxing and activating, Exclusive for Family, Overall Relaxation**”. You can then select the corresponding automatic massage function according to your needs. A total of 18 automatic massage functions are available across the four major massage scenarios.



Auto mode -Massage Scene Selection Diagram

1.1. Automatic Function Selection: After entering the massage scene, as shown in the figure below click the corresponding “**icon**” key of the automatic program name to start that automatic massage function. Each massage scene presets 4 or 5 different automatic programs to choose from.



Auto mode -Auto Function Selection Diagram

Operation Instructions

- 1.1.1.AI intelligent: Total Relax, Chinese massage, Relieve Muscle, Body Balance, Thai Massage
- 1.1.2.Relaxing and activating: Full-body Stretch, Neck&Shoulder Care, Spine Traction, Leg&foot Relieve.
- 1.1.3.Exclusive for Family: Superior Enjoyable, President Cosy, Keep Fit, Office Regimen, Health Recharge
- 1.1.4.Overall Relaxation: Energy Boost, Lunch Break, Back Spa, Sweet Dream

Massage scenes(AI intelligent)	
Function	Description
Total Relax	With the aid of flexible guide rails, let the body posture angle closer to lying flat; with the effective anti-arch stretching of 4D movement to the back, achieve zero pressure stretching, effectively relieve lumbar muscle pain, and eliminate fatigue, thus to get a better massage experience, relieve the stress on the body and mind. Note: There is background music, which can be turned on or off through the Voice Prompt option in the settings.
Chinese Massage	By means of Traditional Chinese medicine massage technique mainly, apply 4D massage on the back and waist so as to promote the blood circulation of the back and waist, soothe the meridians and relieve the blockage of the back and waist through massage. It is suitable for people with back and waist pain, and lumbar muscle strain. Massage intensity is gentle. Note: There is background music, which can be turned on or off through the Voice Prompt option in the settings.
Relieve Muscle	Apply deep pressure on the neck, back and waist, buttocks, and legs by means of kneading, patting, finger pressing techniques mainly to relieve the fatigue on body, allowing the body to better relax. Note: There is background music, which can be turned on or off through the Voice Prompt option in the settings.
Body Balance	Apply full air massage mainly, with the use of airbags for cross circulation of kneading and pressure, so as to promote blood circulation, alleviate pain in various body parts, and deeply relieve muscle fatigue. (Remarks: full air massage mainly, with frequent air massage action)
Thai Massage	Mainly use calf and backrest electric push rod to clamp legs, hands and shoulders with the aid of air massage, and then apply stretching massage, while the movement holds against the back and waist for 4D medical massage, so that the body is in the Thai stretching state. It is suitable for people under high stress to improve their head-down on chest and humpback. Massage intensity is strong.

Operation Instructions

Massage scenes(Relaxing and Activating)	
Function	Description
Full-body Stretch	By means of kneading, patting, finger pressing and medical massage techniques mainly, clamp the legs, hands and shoulders with the aid of air massage, and then apply stretching massage to soothe the meridians, promote blood circulation, relieve blockages in the body.
Neck & Shoulder Care	Massage the neck and shoulders by means of kneading and stretching techniques mainly, and also the upper back by medical massage, and then press the Jianjing acupoint to relieve cervical spondylosis and achieve the effect of relaxing the muscles of the neck and shoulders. Massage intensity is gentle, suitable for people working in office and suffering from cervical fatigue.
Spine Traction	Massage the waist by means of kneading, patting and medical massage mainly, while the movement holds against the back and waist for 4D medical massage, so as to relieve lumbar spine pain; combined with the thermostatic heat configuration around the waist, maintain a comfortable temperature to bring warm massage experience; with gentle and moderate massage intensity and comfortable temperature, bring warm massage experience.
Leg&foot Relieve	Massage the shoulders and waist by means of kneading, patting, kneading and patting mainly, apply air massage on the legs and feet for squeezing massage, allowing more soothing leg and foot massage, suitable for sedentary people with low stress on the legs and feet, not only relieving the cervical spine, lumbar spine pain of sedentary people, but also soothing the legs and feet. Massage intensity is gentle.

Massage scenes(Exclusive for Family)	
Function	Description
Superior Enjoyable	Apply air massage on the whole body, with the foot roller and calf kneading massage. Calf stretching function is canceled, suitable for the elderly and people suffering stress on back. The massage intensity is gentle.

Operation Instructions

President Cosy	Massage the shoulders, neck, back and waist by means of kneading, patting, kneading and patting mainly, to relieve fatigue, promote blood circulation, and release stress by such deep massage. It is suitable for men, and the massage intensity is moderate.
Keep Fit	Massage the shoulders, neck, waist and hips by means of kneading and finger pressing techniques, through the massage on the whole body, to relax the body and mind, and enjoy the queen-level treatment. It is suitable for women, and the massage intensity is gentle.
Office Regimen	Massage the shoulders, neck and waist by means of kneading, patting, kneading and patting techniques mainly, to relieve shoulder and neck pain, improve lumbar muscle soreness and maintain lumbar spine through such deep massage. It is suitable for office white-collar and sedentary people, and the massage intensity is moderate.
Health Recharge	Deeply massage the whole body by means of kneading, patting and finger pressing techniques, to promote blood circulation throughout the body and prevent blood clots. It is suitable for people who live at home for a long time and do not like to go out, and the massage intensity is moderately gentle.

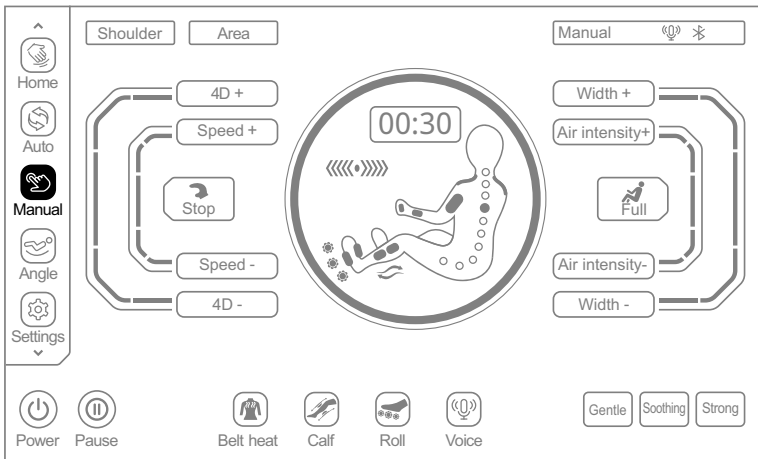
Massage scenes(Overall Relaxation)	
Function	Description
Energy Boost	Massage the waist, shoulders and neck by means of kneading, patting, kneading and patting techniques, to awaken the body's vital energy, stimulate physical energy through such deep massage of the whole body with the massage intensity being heavy, which is suitable for people with strong stress, such as athletes, for stimulating the potential before a race.
Lunch Break	Massage the back and waist by means of kneading and patting techniques, and press the Shenyu acupoint, to improve the quality of lunch break, so that the user is more energetic in afternoon work. It is suitable for office workers, and the massage intensity is gentle.

Operation Instructions

Back Spa	Deeply massage the whole body by pressing related acupoints by means of kneading, patting, finger pressing and other massage techniques, to let the stimulation fully reach the deep layer of muscle tissue, feel warm locally combined with the function of hot compress, and regulate the Qi and blood in a bid to achieve the effect of warmth and damp expelling. (Note: the whole body massage together with hot compress)
Sweet Dream	Massage the shoulders, neck, back and waist by means of kneading and medical massage techniques, and press the acupoints of Fengchi and Shenyu, to improve the sleep quality and help sleep. It is suitable for people suffering from poor sleep, and the massage intensity is gentle. Note: There is background music, which can be turned on or off through the Voice Prompt option in the settings.

III.Remote program (please use this function after the equipment is turned on)

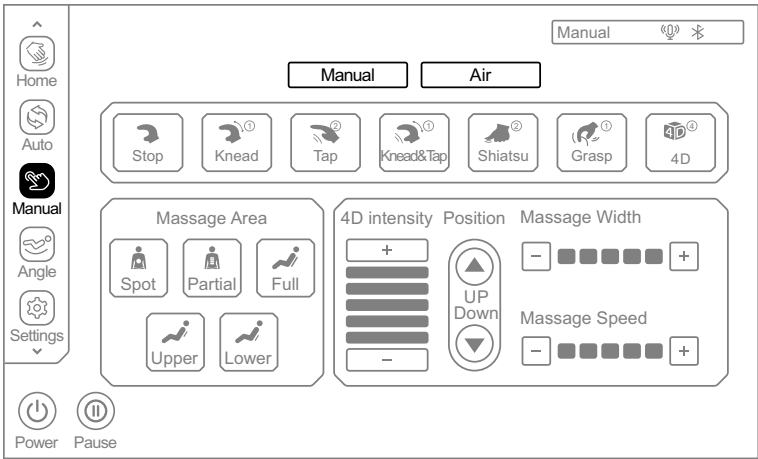
On the handheld controller interface, click the **"Manual"** key on the left menu bar (as shown in the figure below), to enter the manual massage selection interface. In this interface, select the corresponding manual massage functions according to your massage needs to begin the massage.



Home Interface - Manual massage Selection Schematic Diagram

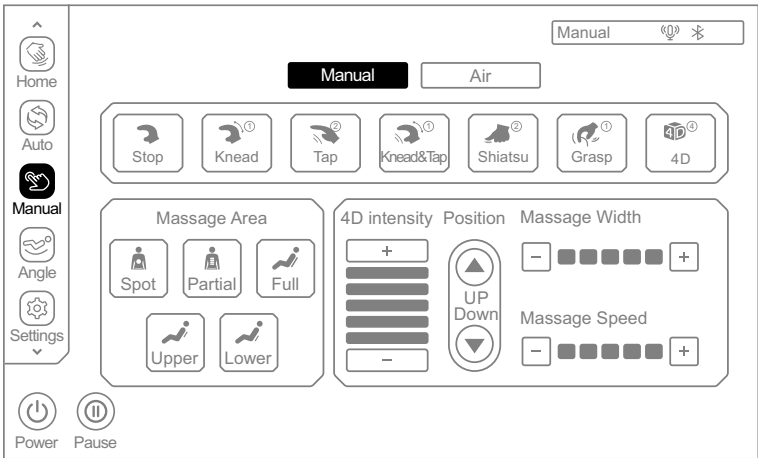
Operation Instructions

- 1.Manual mode: After entering the manual mode interface, as shown in the following figure, the manual massage function is mainly divided into 2 categories to choose from.
 - 1.1.Manual: Massage technique, Massage area, 4D intensity, Mechanism up/down adjustment, Massage width, Massage speed
 - 1.2.Air massage: Full, Upper, Lower modes and air pressure intensity adjustment



Manual Interface - Schematic diagram of manual function selection

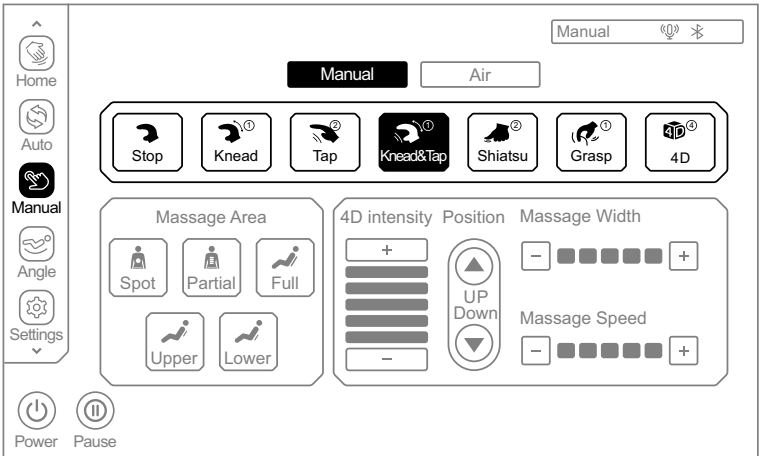
- 2.Manual: After entering the manual mode interface, as shown in the figure below, click the **"Manual"** button, and you can select the upper mechanism massage function according to your needs, including **"Massage techniques, Massage area, 4D intensity, Massage hand up and down adjustment, Massage width, Massages peed"** massage functions.



Manual Interface - Manual Menu Selection Schematic Diagram

Operation Instructions

2.1.Technique: After entering the Manual message function menu, as shown in the figure below, click the Technique “**icon**” key to perform technique massage, including Stop, Knead(a total of 1 techniques, click icon to switch in a loop), Tap(a total of 2 techniques, click icon to switch in a loop), Knead&Tap(a total of 1 techniques, click icon to switch in a loop), Shiatsu(a total of 2 techniques, click icon to switch in a loop), Grasp(a total of 1 techniques, click icon to switch in a loop), 4D(a total of 4 techniques, click icon to switch in a loop), etc., with a total of 11 techniques available.

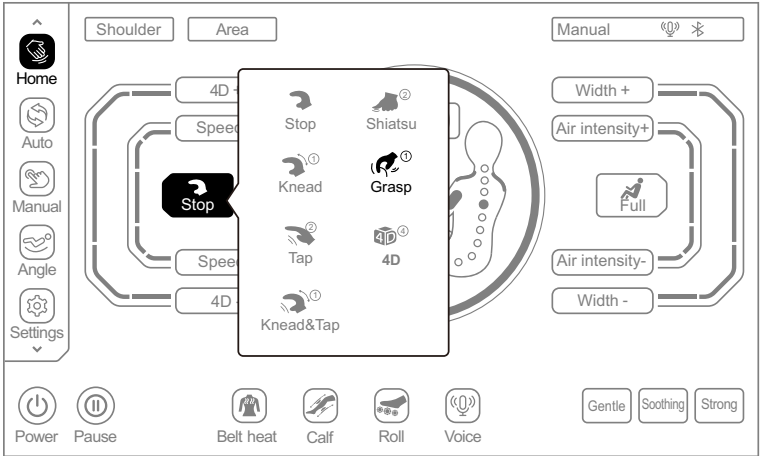


Manual Menu-Technique Selection Schematic Diagram

Function		Message roller adjustment	
Stop		The width, intensity can be adjusted.	5 speed levels adjustable
Knead(1 techniques)		The speed, intensity can be adjusted.	
Tap(2 techniques)		The speed, width, intensity can be adjusted.	
Knead&Tap(1 techniques)		The speed, intensity can be adjusted.	5 width levels adjustable
Shiatsu(2 techniques)		The speed, width, intensity can be adjusted.	
Grasp(1 techniques)		The speed, intensity can be adjusted.	5 intensity levels adjustable
4D(The 1st and 2nd techniques)		The speed, intensity can be adjusted.	
4D(The 3st and 4nd techniques)		The speed, width, intensity can be adjusted.	

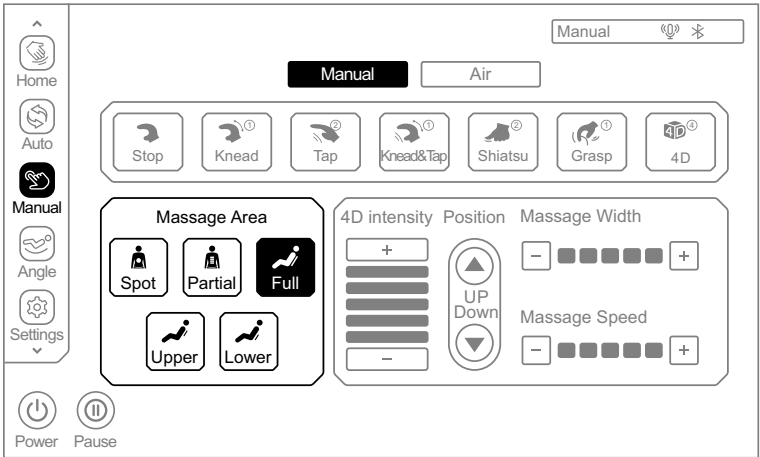
Operation Instructions

2.1.1:Quick Technique Selection: During the operation of a massage program, if you need to quickly switch message techniques, click the “**Home**” key on the left side of the screen (as shown in the figure below). After entering the interface, click the technique “**icon**” key, then select the corresponding technique icon (such as Kneading, Tapping, Acupressure, etc.) in the pop-up window to switch the massage technique. This function provides a quick way to switch message techniques within the manual mode by returning to the current status interface.



Home interface - Technique Selection Schematic Diagram

2.2.Message Area: After entering the Manual message function menu, As shown in the figure below, select the “**Message Area**” key to perform area massage. It includes 5 message areas “Spot, Partial, Full, Upper, and Lower”. Select the corresponding message area in the message range menu for massage.

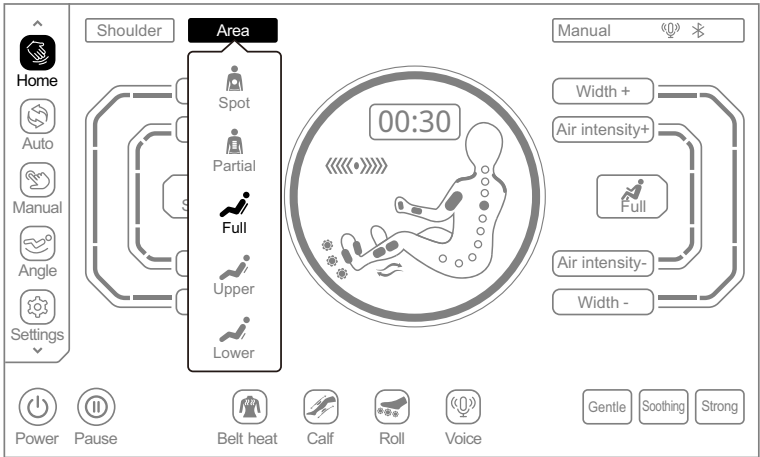


Manual Menu - Message Area Selection Schematic Diagram

Operation Instructions

Key	Description	
	Spot massage at a spot postion.	When selecting fixed-point and local massage techniques, the massage area can be adjusted through the "up key" and "down key" next to the massage mechanism key of the remote controller under the status of information interface.
	Partial scope massage back and forth.	
	Full back massage back and forth.	
	Upper back massage back and forth.	
	Lower back massage back and forth.	

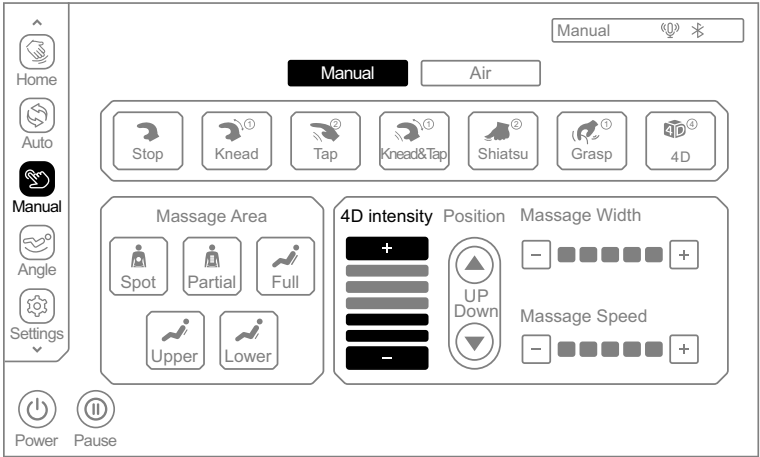
2.2.1.Quick Massage Area Selection: During the operation of a massage program, if you need to quickly switch the massage area, click the **"Home"** key on the left side of the screen (as shown in the figure below). After entering the interface, click the massage area **"icon"** key, then select the corresponding massage area icon (such as Spot, Partial, Full Back, etc.) in the pop-up window to switch the massage area. This function provides a quick way to switch the massage area within the manual mode by returning to the current status interface.



Home interface - Massage area Selection Schematic Diagram

Operation Instructions

2.3.4D Intensity: After entering the Manual massage function menu, as shown in the figure below, select the 4D intensity "+" or "-" key to adjust the 4D intensity (intensity there are a total of 1 to 5 levels to adjustable, with level 1 being the weakest and level 5 being the strongest),The stronger the 4D intensity, the higher the massage wheel protrudes and the greater the massage force.



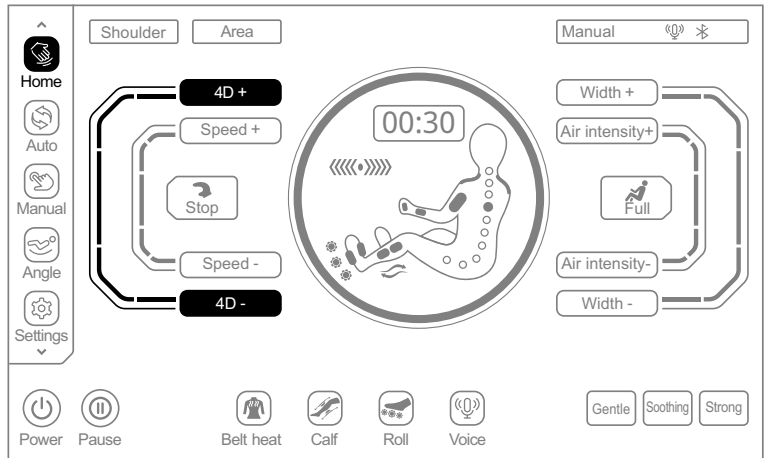
Manual Menu - 4D intensity Selection Schematic Diagram

Manual Menu - 4D intensity adjustment				
				
Level 1	Level 2	Level 3	Level 4	Level 5

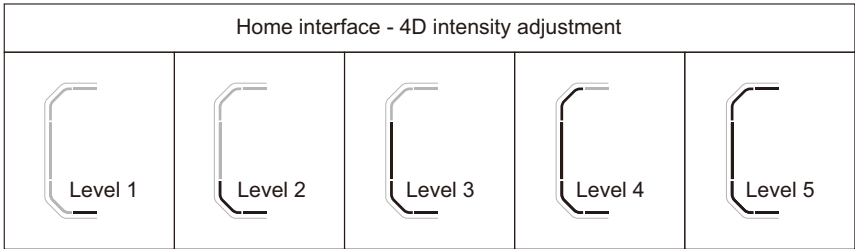
Key	Description
	Press this key to increase 4D intensity which is adjustable from 1 to 5.
	Press this key to decrease 4D intensity which is adjustable from 1 to 5.

Operation Instructions

2.3.1.Quick 4D Intensity Adjustment: During the operation of a massage program, if you need to quickly adjust the 4D intensity, click the **"Home"** key on the left side of the screen (as shown in the figure below). After entering the interface, click the **"4D +"** key or the **"4D -"** key to adjust the 4D intensity (Intensity is adjustable from levels 1 to 5, with level 1 being the weakest, and level 5 being the strongest). A higher 4D intensity results in greater protrusion of the massage rollers and a more forceful massage. This function provides a quick way to adjust the 4D intensity within the manual mode by returning to the current status interface. Note: 4D intensity cannot be adjusted under the Manual(down).



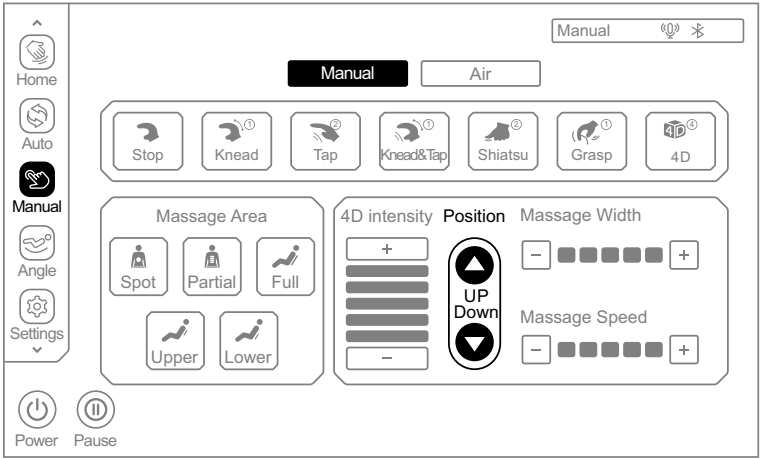
Home interface - 4D intensity Selection Schematic Diagram



Key	Description
	Press this key to increase 4D intensity which is adjustable from 1 to 5.
	Press this key to decrease 4D intensity which is adjustable from 1 to 5.

Operation Instructions

2.4.Message Hand Adjustment: After entering the Manual message function menu, as shown in the figure below, select the message hand "**▲**" or "**▼**" key to adjust the up and down position of the massage hand. The massage hand adjustment needs to be performed under the spot and partial massage area in manual mode.

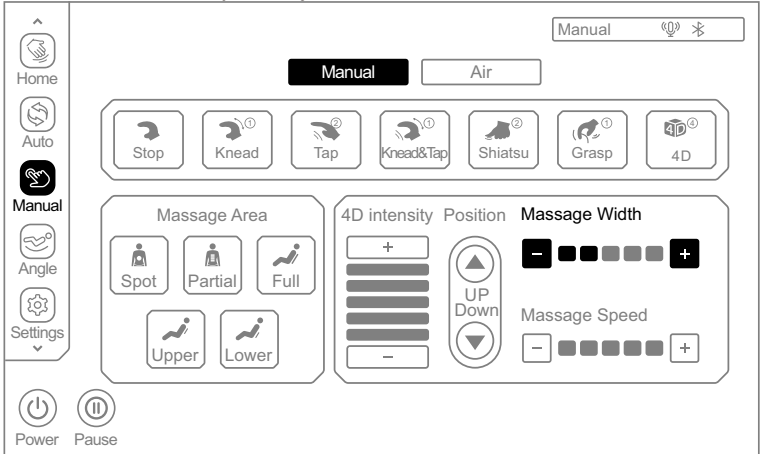


Manual Menu - Position Home interface - 4D intensity

Key	Description
	Hold the up key, the massage hand will move up, release it, the massage hand will be stop to moving up.
	Hold the down key, the massage hand will move down, release it, the massage hand will be stop to moving down

Operation Instructions

2.5. Message Width: After entering the Manual message function menu, as shown in the figure below, select the message width "+" or "-" key to adjust the message width (width there are 1 to 5 width levels to adjustable, with 1 level being the narrowest and 5 level being the widest).; width adjustment can be used in the following message techniques: Stop, Tap(2 techniques), Shiatsu(2 techniques), 4D(The 3st and 4nd techniques). Users must select a message technique or message area to enter manual mode before they can adjust the width.



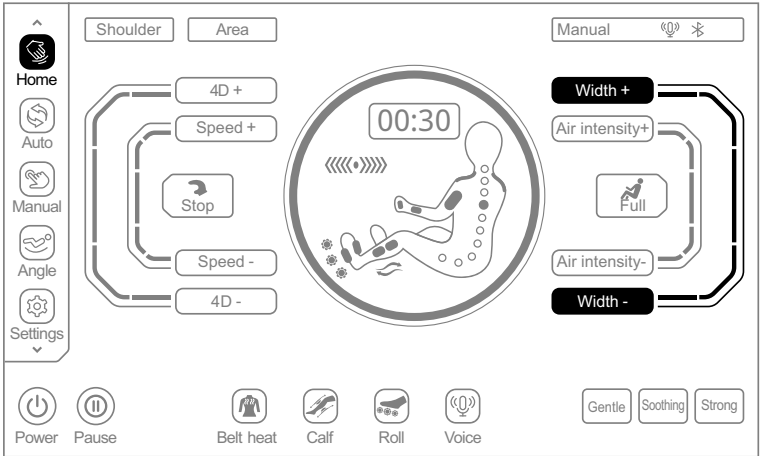
Manual Menu - Message width Selection Schematic Diagram

Manual Menu - Message width adjustment				
Level 1	Level 2	Level 3	Level 4	Level 5

Key	Description
	Press this key to increase message width which is adjustable from 1 to 5.
	Press this key to decrease message width which is adjustable from 1 to 5.

Operation Instructions

2.5.1. Quick Message Width Adjustment: During the operation of a message program, if you need to quickly adjust the message width, click the "Home" key on the left side of the screen (as shown in the figure below). After entering the interface, click the "Width+" key or the "Width-" key to adjust the message width (Width is adjustable from levels 1 to 5, with level 1 being the narrowest, and level 5 being the widest). This function provides a quick way to adjust the message width within the manual mode by returning to the current status interface.



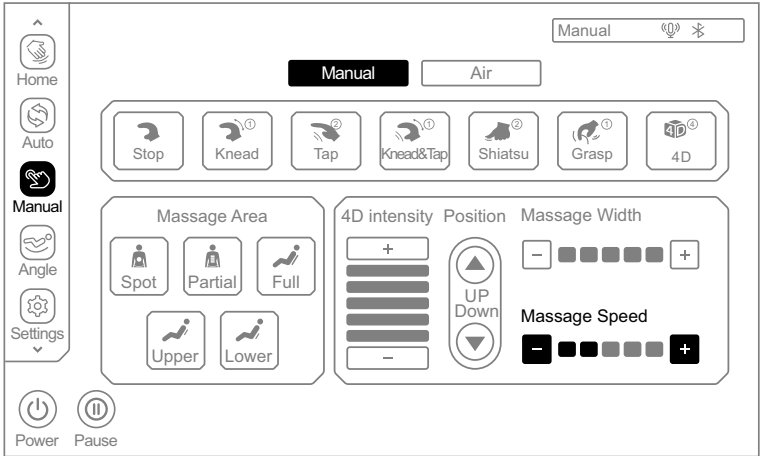
Home interface - Message Width Selection Schematic Diagram

Home interface - Message Width adjustment				
Level 1	Level 2	Level 3	Level 4	Level 5

Key	Description
	Press this key to widen the message width, the width can be adjusted from 1 to 5 levels.
	Press this key to narrow the message width, and the width can be adjusted from 1 to 5 levels.

Operation Instructions

2.6. Message Speed: After entering the Manual massage function menu, as shown in the figure below, select the message speed "+" or "-" key to adjust the message speed (speed there are 1 to 5 speed levels to adjustable, with 1 being the slowest and 5 being the fastest).; the speed cannot be adjusted when the massage technique is stopped. Users must select a massage technique or massage area to enter manual mode before they can adjust the speed.



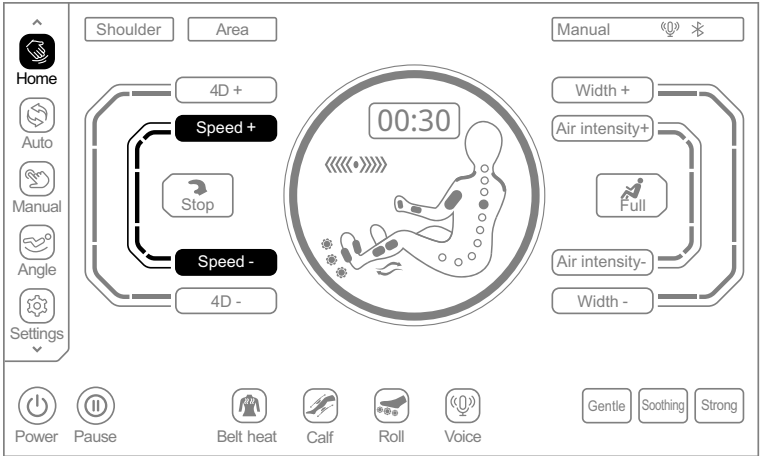
Manual Menu - Message speed Selection Schematic Diagram

Manual Menu - Message speed adjustment				
Level 1	Level 2	Level 3	Level 4	Level 5

Key	Description
	Press this key to increase massage speed which is adjustable from 1 to 5.
	Press this key to decrease massage speed which is adjustable from 1 to 5.

Operation Instructions

2.6.1. Quick Message Speed Adjustment: During the operation of a massage program, if you need to quickly adjust the message speed, click the "Home" key on the left side of the screen (as shown in the figure below). After entering the interface, click the "Speed+" key or the "Speed-" key to adjust the message speed (Speed is adjustable from levels 1 to 5, with level 1 being the slowest, and level 5 being the fastest). This function provides a quick way to adjust the message speed within the manual mode by returning to the current status interface.



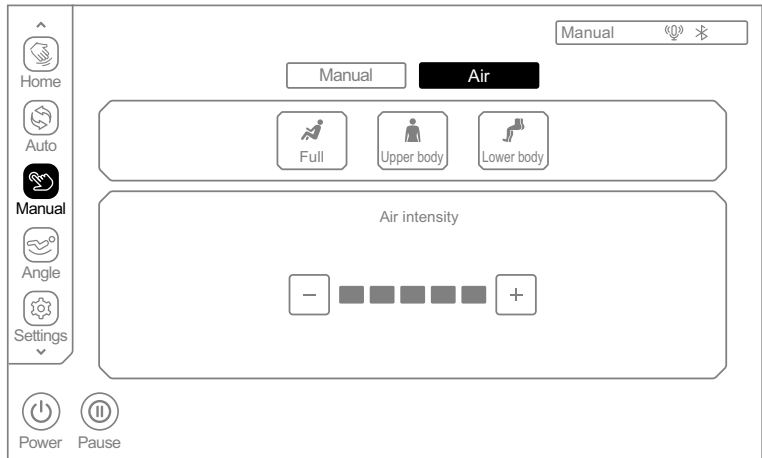
Home interface - Message Speed Selection Schematic Diagram

Home interface - Message Speed adjustment				
Level 1	Level 2	Level 3	Level 4	Level 5

Key	Description
	Press this key to increase massage speed which is adjustable from 1 to 5.
	Press this key to decrease massage speed which is adjustable from 1 to 5.

Operation Instructions

3.Air Massage: After entering the manual interface, as shown in the figure below, press the "Air" key to select the airbag massage function according to your needs.

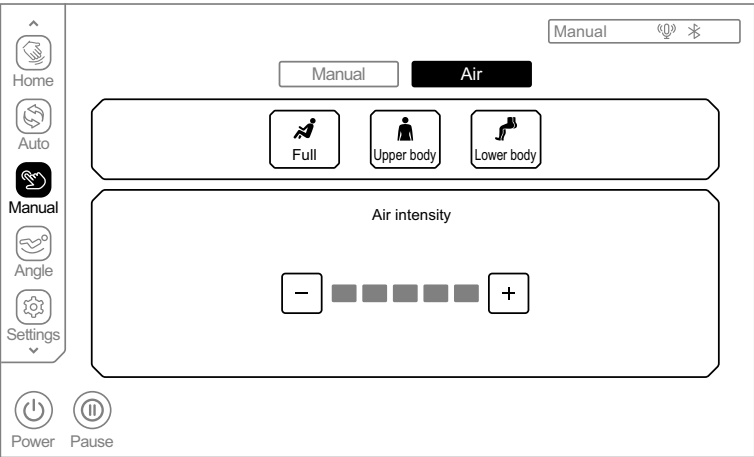


Manual Interface – Air Massage selection Schematic Diagram

3.1 Air massage is mainly divided into 2 mode selections: "Air Area" and "Air Intensity".

3.1.1.Air Area Selection: The system has four built-in mode selections: "Full Body, Upper Body, Lower Body, Off".

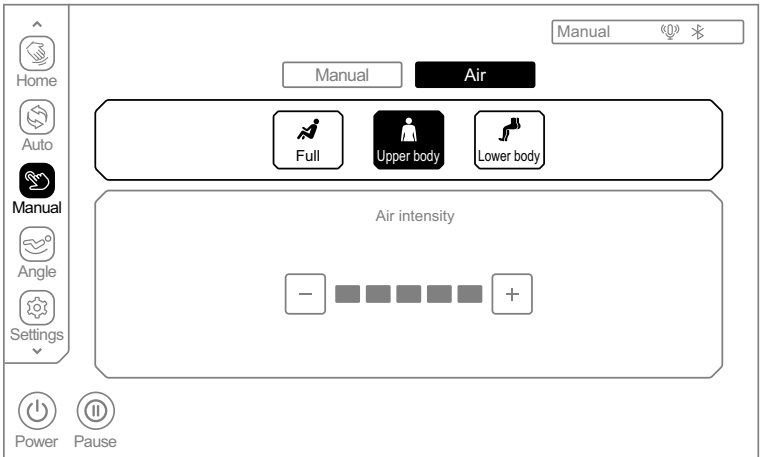
3.1.2.Air Intensity Adjustment: The system presets adjustable intensity levels 1~5, where level 1 is the weakest and level 5 is the strongest.



Air Massage – Air Massage Mode Selection Diagram

Operation Instructions

3.2.Air Pressure Area Selection: After entering the air pressure massage menu, select the "Air Massage Area" option as shown in the figure below. Click the corresponding "icon" key for the desired air pressure area according to your massage needs to activate or deactivate the air pressure massage function for that area. Deactivating all areas will turn off all air pressure functions.

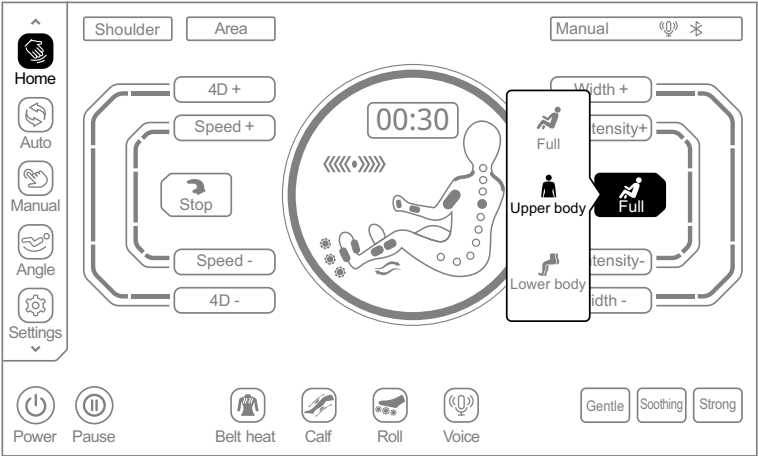


Air Massage – Air Massage Area Selection Schematic Diagram

Key	Description
	Press this key to enable or disable the whole body air massage function.
	Press this key to enable or disable the upper body air massage function.
	Press this key to enable or disable the lower body air massage function.

Operation Instructions

3.2.1.Quick Air Pressure Massage Adjustment: During the operation of an air pressure massage program, to quickly switch the area of air pressure massage, click the "Home" key on the left side of the screen (as shown in the figure below). Once the interface is entered, click the air pressure massage "icon" key, and then select the corresponding air pressure massage icon (such as full body, upper body, lower body) in the pop-up window to switch the air pressure massage area. This feature is a shortcut for quickly switching the air pressure massage area in the current status interface while in air pressure mode.

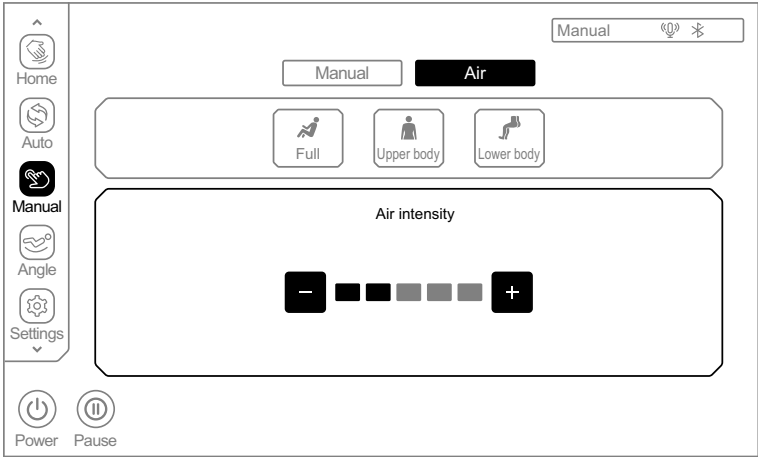


Home interface – Air Massage Selection Schematic Diagram

Air pressure display		
Upper body air pressure	Lower body air pressure	Whole body air pressure

Operation Instructions

3.3.Air pressure intensity: After entering the air pressure massage function menu, turn on the air pressure massage function of the corresponding area as shown in the figure below. Then select Air intensity "+" key or "-" key intensity adjustment according to massage needs(intensity there are a total of 1 to 5 levels to adjustable, with level 1 being the weakest and level 5 being the strongest), increasing or decreasing the air pressure intensity step by step.

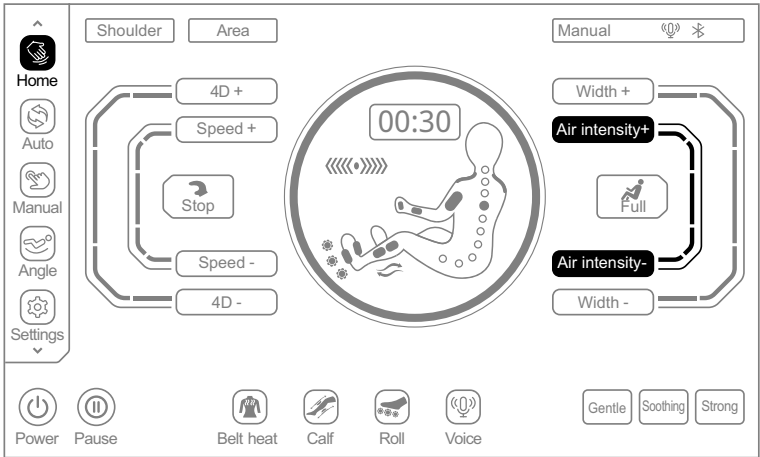


Air Massage – Air Intensity Selection Schematic Diagram

Manual mode - Air intensity adjustment				
 Level 1	 Level 2	 Level 3	 Level 4	 Level 5
Key	Description			
	Press this key to increase the air intensity which is adjustable from 1 to -5.			
	Press this key to decrease the air intensity which is adjustable from 1 to -5.			

Operation Instructions

3.3.1.Quick Air Pressure Intensity Adjustment: During the operation of the air pressure massage function, to quickly adjust the air pressure intensity, click the **"Home"** key on the left side of the screen (as shown in the figure below). After entering the interface, click the **"Air intensity+"** key or the **"Air intensity-"** key to adjust the air pressure intensity (Intensity is adjustable from levels 1 to 5, with level 1 being the weakest, and level 5 being the strongest). This allows for step-by-step increase or decrease of the air pressure intensity. This feature provides a quick way to adjust the air pressure intensity in the current status interface while the air pressure massage is active.



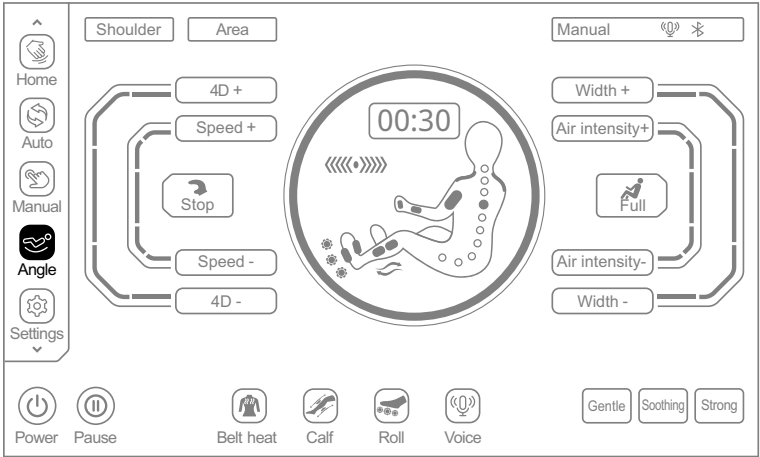
Home interface - Air intensity Selection Schematic Diagram

Home interface - Air intensity adjustment				
Level 1	Level 2	Level 3	Level 4	Level 5
Key	Description			
	Press this key to increase the air intensity which is adjustable from 1 to -5.			
	Press this key to decrease the air intensity which is adjustable from 1 to -5.			

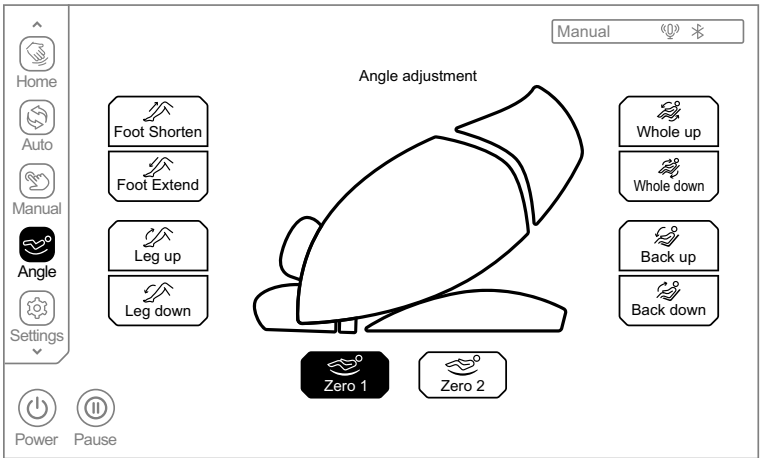
Operation Instructions

IV. Seat adjustment

On the manual controller interface, click the **"Angle"** key on the left menu bar (as shown in the figure below). to enter the sitting posture adjustment selection interface. In this interface, you can select the corresponding sitting posture adjustment function according to your massage needs.



- 1.Seating Posture Adjustment Options: Upon entering the seating posture adjustment interface, as shown in the figure below, the seating posture adjustment functions are mainly divided into four categories.
- 1.1.Leg Mechanism Adjustment: Foot shorten, Foot extend, Calf raising, Calf lowering.
- 1.2.Backrest Mechanism Adjustment: Back up, Back down.
- 1.3.Linkage Adjustment: Whole up, Whole down.
- 1.4.Zero Gravity Adjustment: Zero I, Zero II.



Schematic diagram of sitting posture adjustment

Operation Instructions

2.Zero-gravity adjustment

Key	Description
 Zero 1	Zero-gravity 1 key: automatically adjust the position of leg unit and backrest unit to zero-gravity 1 position. Zero-gravity 1 action is completed, the foot unit will automatically detect the Calf length.
 Zero 2	Zero-gravity 2 key: automatically adjust the position of leg unit and backrest unit to zero-gravity 2 position. Zero-gravity 2 action is completed, the foot unit will automatically detect the Calf length.

3.Telescopic adjustment of footrest

Key	Description
 Foot shorten	Footrest shortening button: Manually adjust the footrest to shorten; press and hold this button to move the footrest slowly upward, and release it to stop. the adjustment will stop and a "drip" sound will be heard when the adjustment reaches the limit position.
 Foot extend	Footrest extension key: Manually adjust the extension of the footrest; press and hold this button to move the footrest slowly downward, and release it to stop. the adjustment will stop and a "drip" sound will be heard when the adjustment reaches the limit position.

4.Leg unit extension/shortening adjustment

Key	Description
 Leg up	Leg unit Up key: press and hold this key to slowly raise the leg unit, and release it to stop rising; after the leg unit rising action is completed, the adjustment will stop and a "drip" sound will be heard when the adjustment reaches the limit position. Rising action is completed, the leg unit will automatically detect the Calf length.
 Leg down	Leg unit Down key: press and hold this key to slowly lower the leg unit, and release it to stop lowering; after the leg unit lowering action is completed, the adjustment will stop and a "drip" sound will be heard when the adjustment reaches the limit position. Decline action is completed, the leg unit will automatically detect the Calf length.

Operation Instructions

5.Backrest unit angular adjustment

Key	Description
 Back up	Backrest Up key: press and hold this key to slowly raise the backrest unit and release it to stop rising. the adjustment will stop and a "drip" sound will be heard when the adjustment reaches the limit position.
 Back down	Backrest Down key: press and hold this key to slowly lower the backrest unit and release it to stop lowering. the adjustment will stop and a "drip" sound will be heard when the adjustment reaches the limit position.

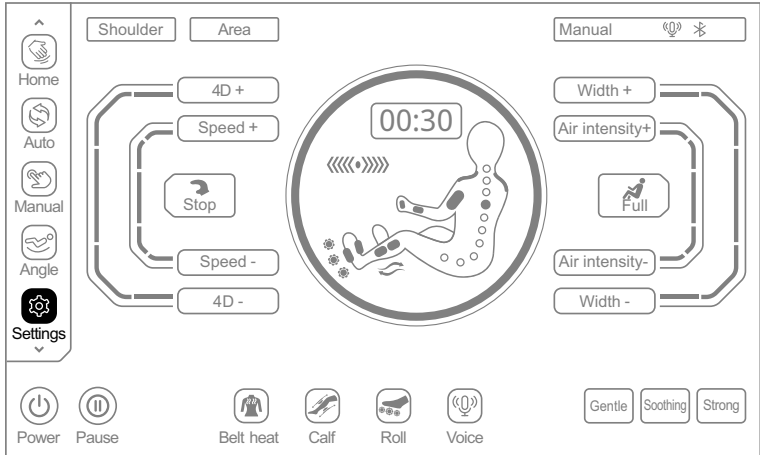
6.Linkage lifting Angle adjustment

Key	Description
 Whole up	Linkage Up key: press and hold this key to slowly raise the backrest unit while slowly lowering the leg unit, and release it to stop raising the backrest unit or lowering the leg unit; after the linkage rising action is completed, the adjustment will stop and a "drip" sound will be heard when the adjustment reaches the limit position. Rising action is completed, the leg unit will automatically detect the Calf length.
 Whole down	Linkage Down key: press and hold this key to slowly lower the backrest unit while slowly raising the leg unit, and release it to stop lowering the backrest unit or raising the leg unit; after the linkage lowering action is completed, the adjustment will stop and a "drip" sound will be heard when the adjustment reaches the limit position. Decline action is completed, the leg unit will automatically detect the Calf length.

Operation Instructions

V. Setting (please use this function after the equipment is turned on)

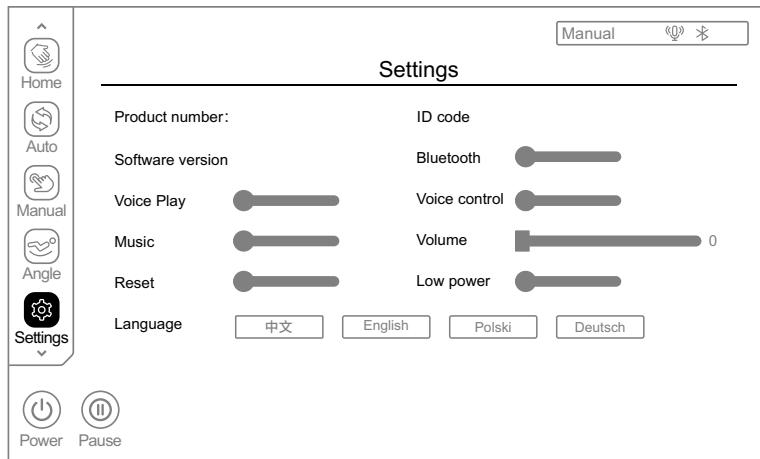
On the handheld controller interface, click the **"Settings"** key on the left menu bar (as shown in the figure below) to enter the system settings interface. In this interface, you can select the corresponding select system settings functions according to your massage needs.



1.The settings function is mainly divided into 2 categories

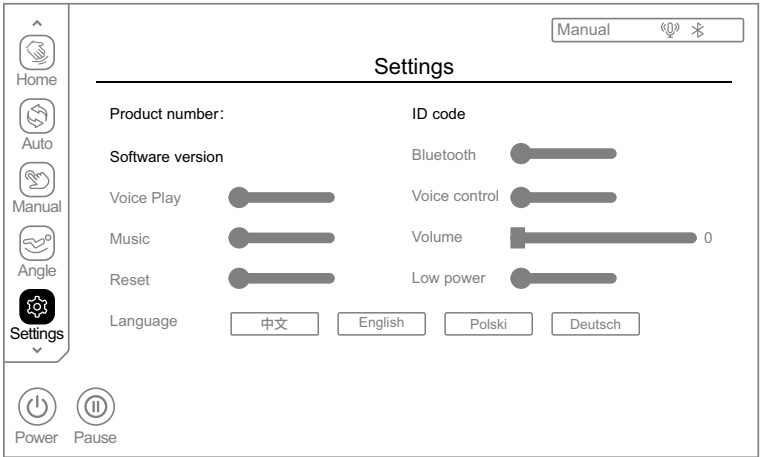
1.1.Product information: Product number, ID code, Software version.

1.2.System settings: Bluetooth, Voice Play, Voice control, Music, Volume, Reset, Low power, Language selection and other system settings functions.

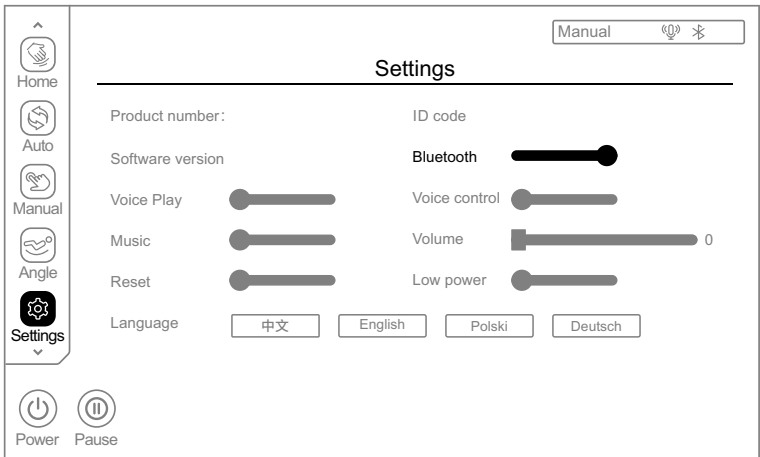


Operation Instructions

2.Device Information: After entering the settings interface, as shown in the image, you can view Product number, ID code, Software version, show the information of current device.

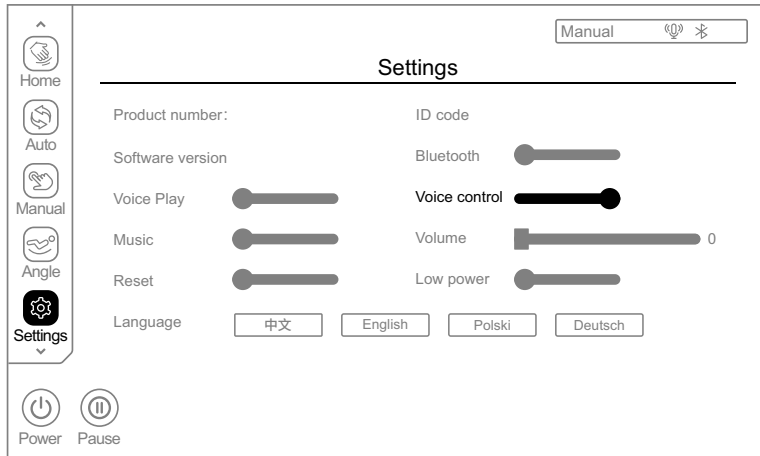


3.Bluetooth: After entering the settings interface, as shown in the figure below, Click "Bluetooth" switch button to enable or disable the Bluetooth feature. After you turn on the Bluetooth function, you can connect the audio device with Bluetooth to the massage chair. (such as mobile phone, MID tablet, etc.) with the Bluetooth module of the massage chair, the music played by the sound source device can be wirelessly transmitted to the sound system of the massage chair through Bluetooth for music playing.



Operation Instructions

- 3.1. Enter the smart device main menu. Open "Settings" and select the "Bluetooth" option. Open "Bluetooth", and Bluetooth will automatically "Search for a New Bluetooth Device".
 - 3.2. The smart device will search for the corresponding Bluetooth model (e.g. IMCM-XXXX, matching the last four digits of the product serial number). Click the "Match" button. If you are asked whether to match with the device, you just select "Match" to complete matching.
 - 3.3. Turn on "Music Player" in the smart device and select the song to play.
4. Voice control: After entering the settings interface, as shown in the figure below, click the **"Voice control"** switch button to turn the Voice control function on or off. After enabling the voice function, you can control the massage chair by voice according to the content of voice entry.



- 4.1. With the massage chair powered on, press the **"Voice"** key on the manual controller interface to activate the voice assistant (if activation fails, first enter the settings interface to check whether the voice control switch is enabled—if not, enable the voice control switch in the settings interface). Once enabled, press this key to activate the voice assistant, or approach the speaker and say "Hi Alice" or "Hey Alice" to wake up the voice assistant. When the voice assistant responds with "I'm here" it indicates successful activation. After the voice assistant is enabled, you can use its functions to control the massage chair.
- 4.2. You can also short press the **"Voice"** key button in the armrest shortcut key to wake up the voice assistant, and long press and hold this key for 3 seconds to turn it on or off.
- 4.3. After the voice assistant wakes up, please say the command within 6 seconds to realize the function control of the Massage chair. After the voice assistant responds to the command, you can continue to say the command. The interval between two adjacent commands cannot exceed 6 seconds, otherwise you need to wake up the voice assistant again. The detailed voice command table is as follows:
Attention: When awakening the voice control function, the speaking speed should not be too fast, and voice commands should be issued according to Voice Control Entry.

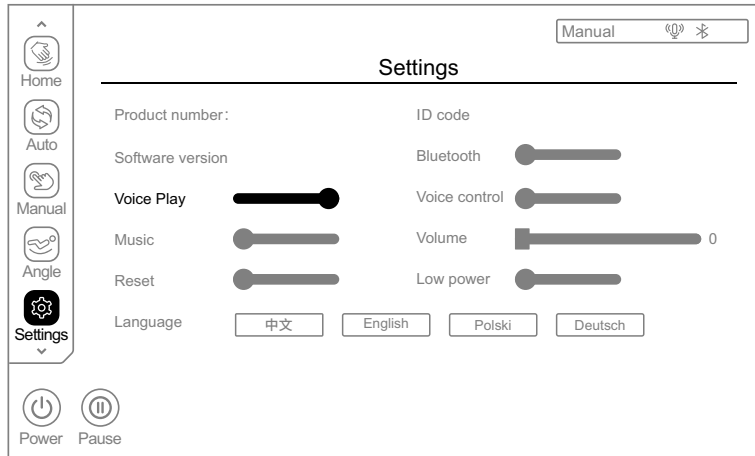
Operation Instructions

Voice Control Entry		
Entry: "Hi Alice" or "Hey Alice". Answer: I'm here		
No.	Voice control entry	Answer entry
1	Massage on	Answer: Ok, Massage on
2	Massage close	Answer: Ok, Massage close
3	Total Relax	Answer: Ok, Total Relax
4	Energy Boost	Answer: Ok, Energy Boost
5	Sweet Dream	Answer: Ok, Sweet Dream
6	Neck & Shoulder Care	Answer: Ok, Neck & Shoulder Care
7	Lunch Break	Answer: Ok, Lunch Break
8	Thai Massage	Answer: Ok, Thai Massage
9	Open the air pressure	Answer: Ok, Open the air pressure
10	Close the air pressure	Answer: Ok, Close the air pressure
11	Up the seat position	Answer: Ok, Up the seat position
12	Down the seat position	Answer: Ok, Down the seat position
13	Change the other mode	Answer: Ok, Change the other mode
14	Go little down	Answer: Ok, Go little down
15	Go little up	Answer: Ok, Go little up

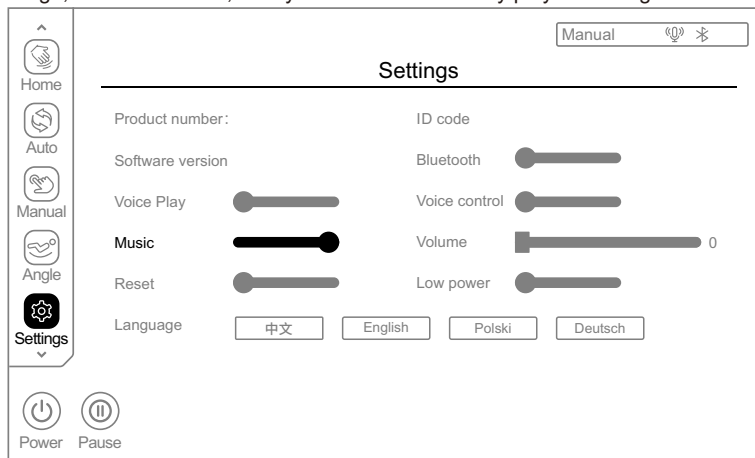
Note: commands 14 and 15 can only be used after command 13.

Operation Instructions

5. Voice play: After entering the setting interface, As shown in the figure below, click the **"Voice play"** switch button, to turn on or off the voice broadcast function. After turning on the voice broadcast function, when the user uses the massage chair, the voice assistant will broadcast the automatic program and zero gravity gear selected by the user.

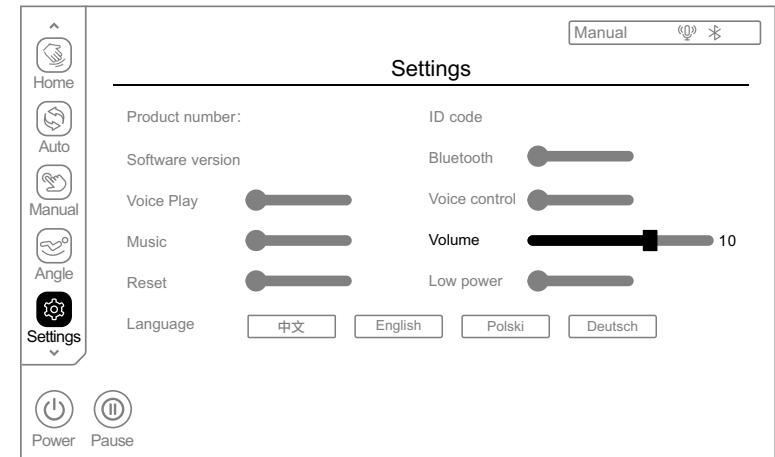


6. Background Music: After entering the settings interface, as shown in the figure below, tap the **"Music"** switch button, to turn the background music function on or off. after turning on the background music, the system will play background music when the user selects and runs any of the following 3 automatic programs "Total Relax, Chinese Massage, Relieve Muscle", the system will automatically play the background music.

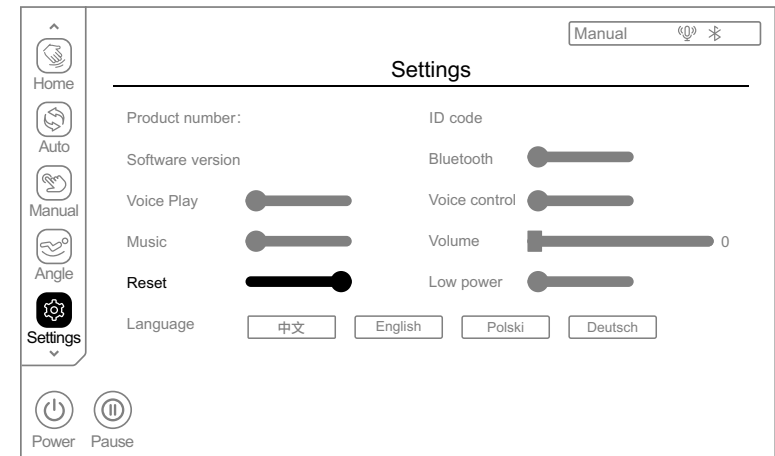


Operation Instructions

7. Volume adjustment: After entering the settings interface, as shown in the figure below, click **"Volume"** slider button according to the, hold down the slider and slide left and right to adjust the volume. There are a total of 0-15 levels of volume that can be set.

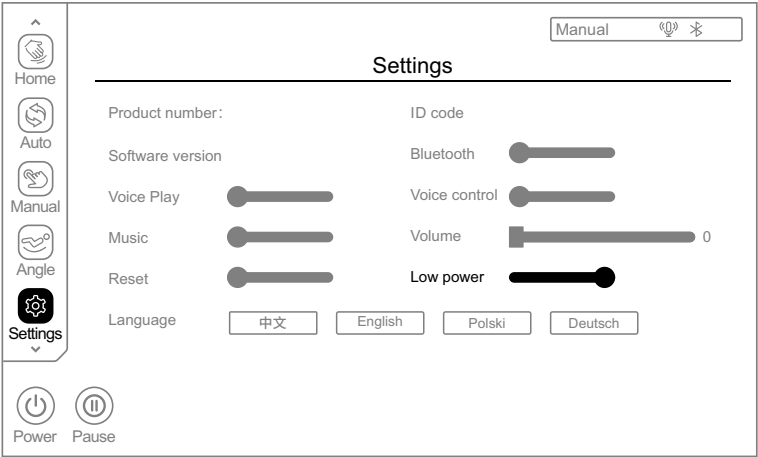


8. Massage Chair Reset: After entering the settings interface, as shown in the figure below, Click **"Reset"** switch button to enable or disable the Massage Chair Reset feature. After enabling the massage chair reset function, the massage chair's running time ends and the massage chair angle is reset. The reset function of the massage chair is turned off, and the massage chair angle does not reset after the running time of the massage chair has ended.

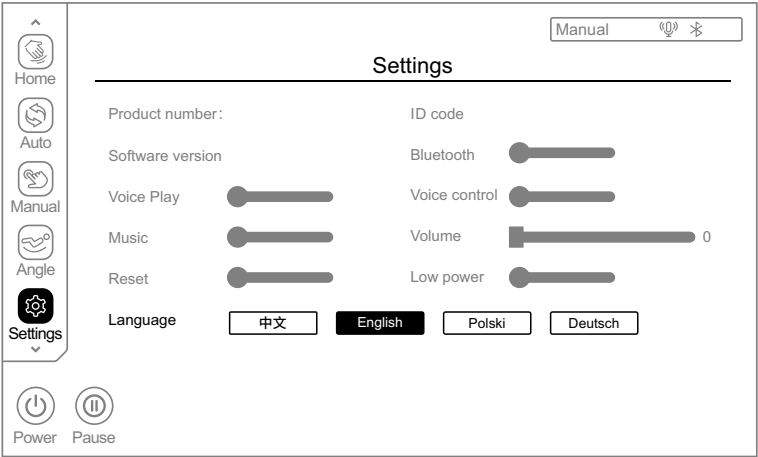


Operation Instructions

9.Low power : After entering the setting interface, As shown in the figure below, click the **"Low Power"** switch button, to turn on or off the low power consumption function. After turning on the low power consumption function, the massage chair will enter the low power consumption state after it is turned off, and all functions will be turned off. It can only be turned on by the power button on the hand controller.



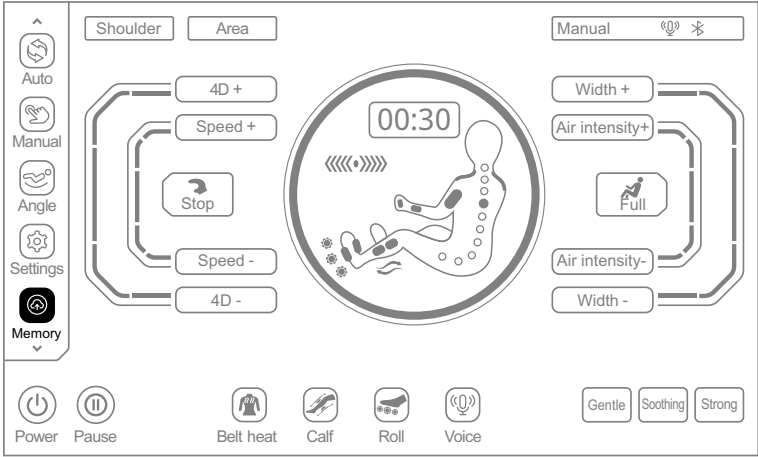
10.Language selection: After entering the settings interface, as shown in the figure below, choose different languages according to the user's needs. The default language is English, and Chinese, Polish, German can also be selected.



Operation Instructions

VI.Custom (please use this function after the equipment is turned on)

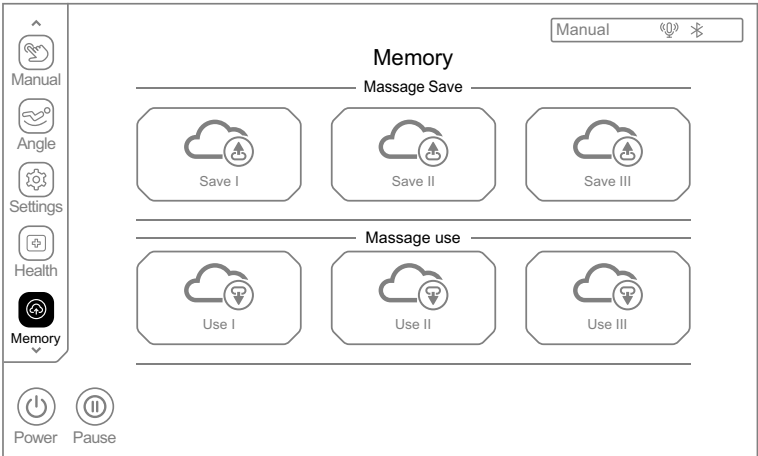
On the handheld controller interface, Swipe up the menu bar on the left side of the display screen, click the **"Memory"** key on the left menu bar (as shown in the figure below). to enter the memory selection interface, In this interface, you can select the corresponding select memory function according to your massage needs.



1.The memory function is mainly divided into two categories: **"Message Save"** and **"Message Use"**. Each category has three groups of mode selections.

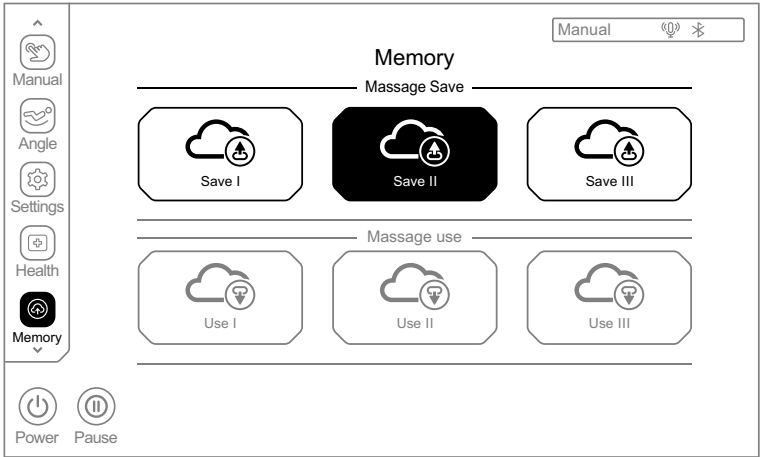
1.2.Message Save: The system will automatically save all currently running massage functions.

1.3.Message Use: The system will automatically enable all saved massage functions.

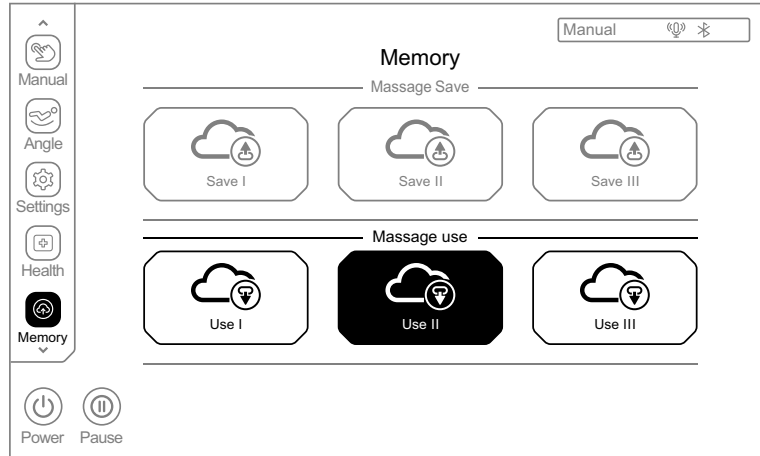


Operation Instructions

2. **Message Save:** After entering the memory interface, click any of the “**Save I**, **Save II**, **Save III**” buttons as shown in the figure below to save all the message programs in operation (up to three sets of message programs can be stored); including automatic function, manual function, air pressure mode and intensity message functions, as well as massage chair angle adjustment and other message functions.



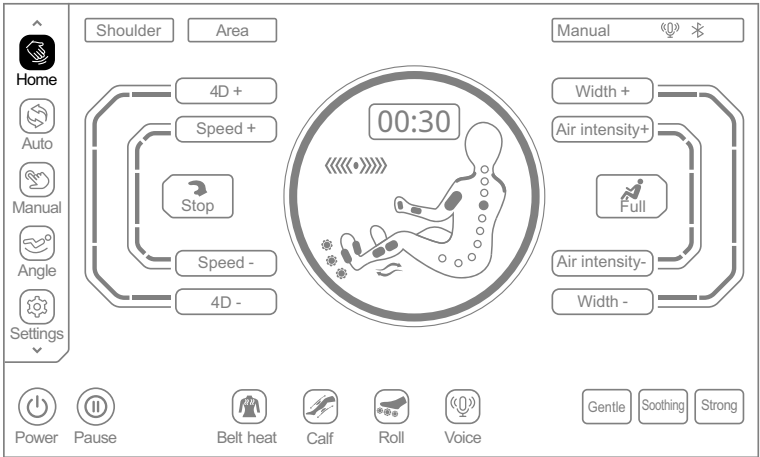
3. **Message Use:** After entering the storage interface, click any of the “**Use I**, **Use II**, **Use III**” buttons as shown in the figure below to use the stored program for message; including automatic function, manual function, air pressure mode and intensity message functions, as well as massage chair angle adjustment and other message functions.



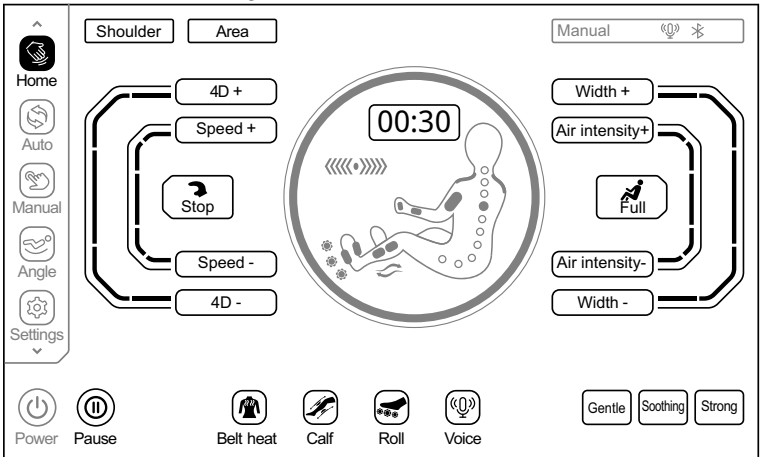
Operation Instructions

VII. Other functions (please use this function after the chair is turned on)

During the message process, if you need to switch functions, as shown in the figure below, click the “**Home**” key in the upper-left corner of the screen (i.e., the homepage information interface) . This will return you to the homepage interface, where you can select the corresponding function according to your message needs.



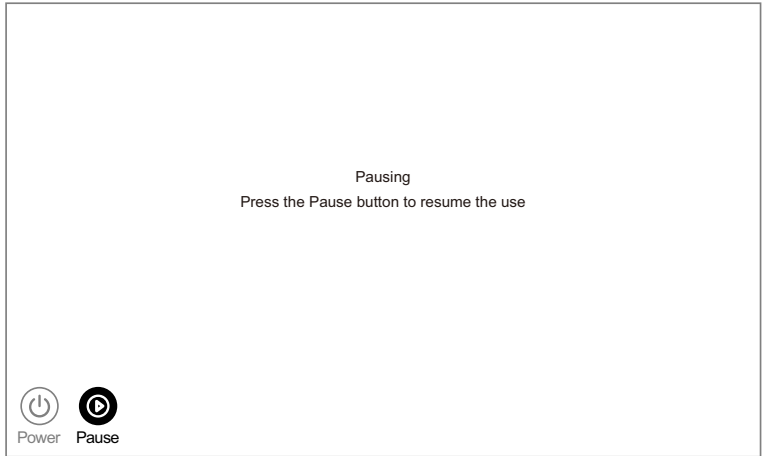
1. The message functions on the homepage interface can be broadly categorized into four major types: "Auxiliary Functions, Message Intensity Switching, Adjustment Functions, and Function Quick Switching."



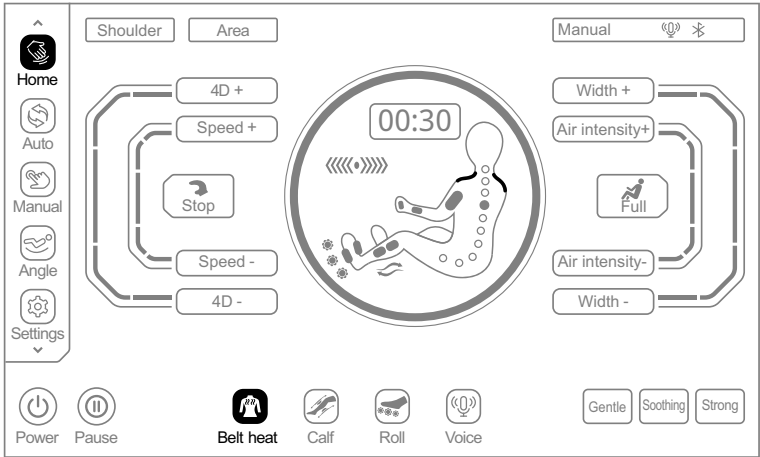
- 1.1. **Auxiliary Functions:** The system provides the following seven major auxiliary massage functions to choose from: "Pause , Belt heat, calf keanding, Roller, Voice control"
- 1.2. **Message Intensity:** During the massage, you can quickly switch the massage intensity. The system provides three intensity levels: "Gentle, Soothing, and Strong."
- 1.3. **Adjustment Functions:** The system provides the following five major types of adjustment functions to choose from: "Shoulder Position Adjustment, Time Adjustment, 4D Intensity, Massage Speed, Air Pressure Intensity, and Massage Width."

Operation Instructions

- 1.4.Function Quick Switching: During the massage, you can quickly switch between two major massage functions: "Massage Techniques and Air Pressure Areas."
- 2.Press: After the massage chair is powered on and operating, as shown in the figure below, click the **"pause"** key to enter the pause state, then all massage functions will be suspended, and click the **"pause"** key again to resume the previous massage state. Note: In the pause state, all functions do not work except shutdown.

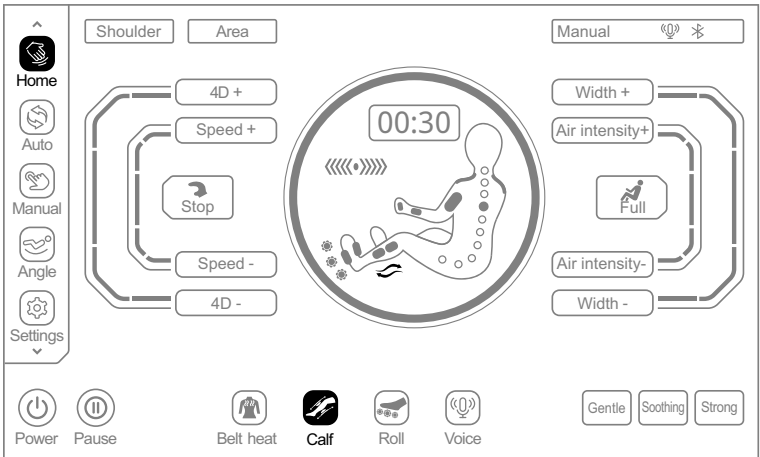


- 3.Belt heat: On the **"Home"** interface, as shown in the figure below, click the **"Belt heat"** key to turn the Belt heat function on or off. The heating function will generate warmth 3 minutes after being activated. The heating temperature can be adjusted from(level 1 to level 3). Each press of the Belt heat key lowers the temperature by one level. pressing it a fourth time will turn off the Belt heat function, and the options will cycle through accordingly.

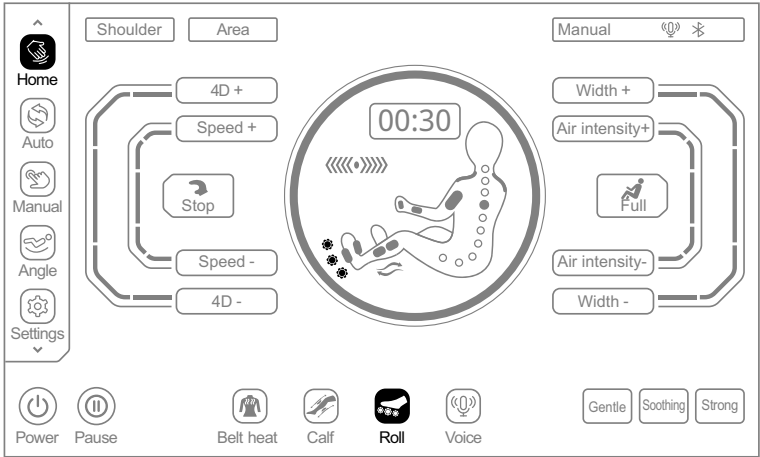


Operation Instructions

- 4.Calf knead: On the **"Home"** interface, as shown in the figure below, select the **"Calf knead"** key to turn the calf rubbing massage function on or off. in The inner side of the calf is provided with rubbing massage function, and the outer side is provided with airbag squeeze massage function, which can relieve the calf muscle stiffness or tension caused by long standing.

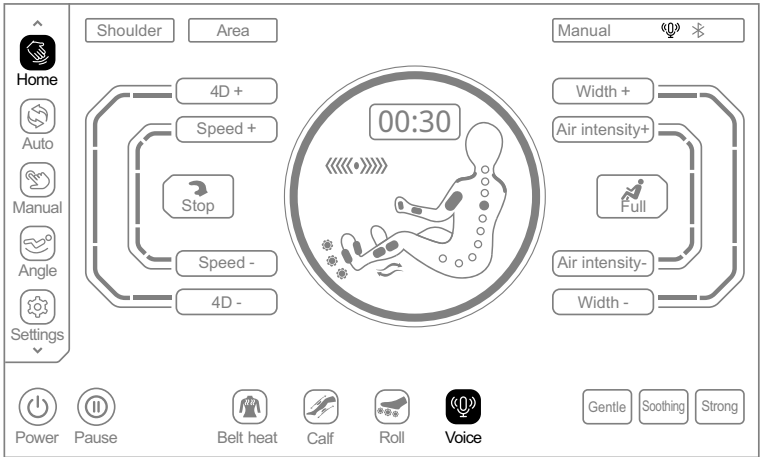


5. Foot Rollers: On the **"Home"** interface, as shown in the figure below, select the **"Foot Rollers"** key to turn the Foot Rollers function on or off. The roller speed can be adjusted from(level 1 to level 3). Each press of the foot roller key increases the speed by one level; pressing it a fourth time will turn off the foot roller function, and the options will cycle through accordingly.

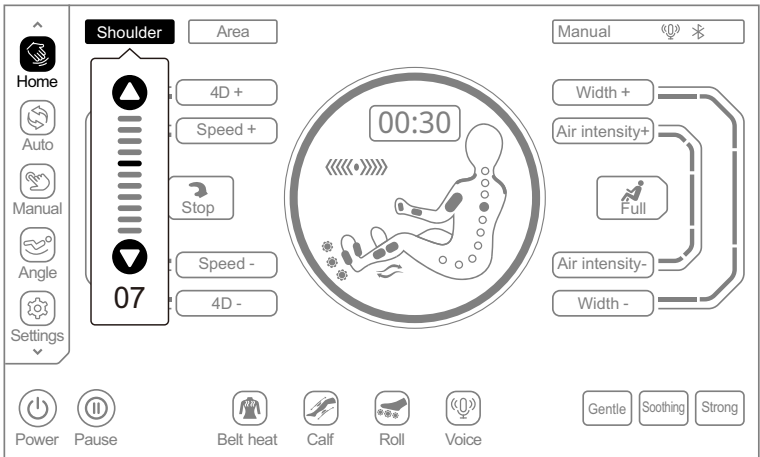


Operation Instructions

6.Voice: On the **"Home"** interface, as shown in the figure below, select the **"Voice"** key to wake up the voice assistant. If you press this button and emit a "drip, drip" sound, the voice assistant cannot wake up normally, please go to the setting screen to confirm whether the voice control function is enabled. If the voice control function is not enabled, please turn it on.

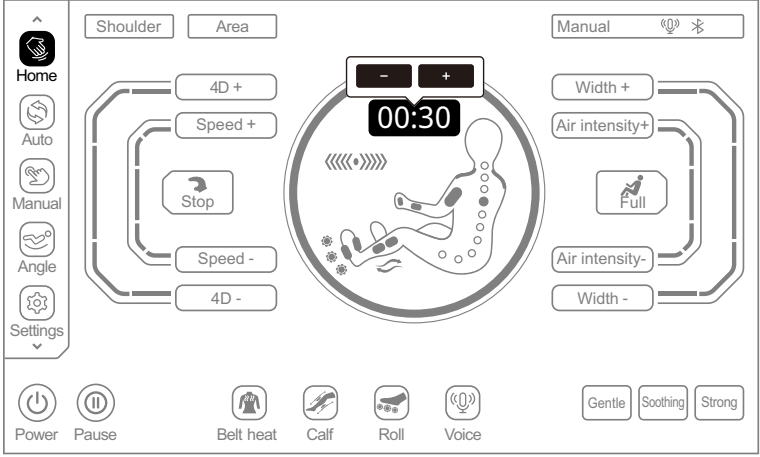


7.Shoulder Position Adjustment: On the **"Home"** interface, as shown in the figure below, select the **"Shoulder"** key, and press the up and down arrow buttons in the pop-up menu to adjust the shoulder position, with a total of 11 adjustable levels.

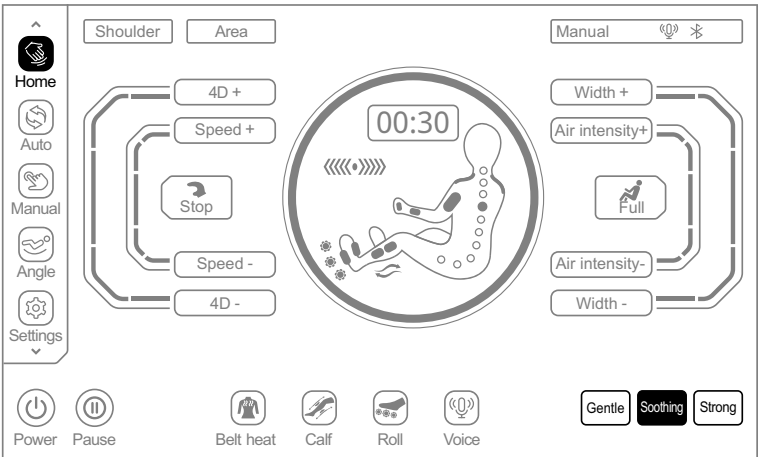


Operation Instructions

8.Massage time adjustment: On the **"Home"** interface, as shown in the figure below, select the massage time adjustment key **"00:30"**, press the plus and minus arrow head button in the pop-up menu, you can increase or decrease the massage time. Click the key "+", the time increased by 5 minutes, the maximum increase to 40 minutes. Click the key "-", the time decreased by 5 minutes.



9.Select level: On the **"Home"** interface, as shown in the figure below, select the **"Gentle, Soothing, Strong"** key to select the appropriate massage intensity.

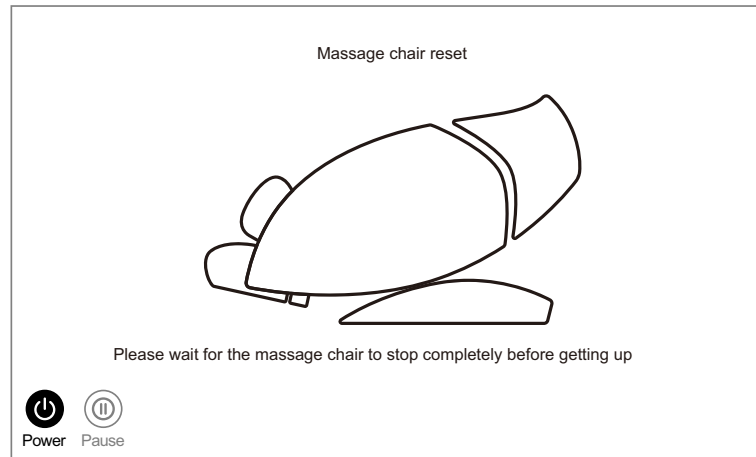


Operation Instructions

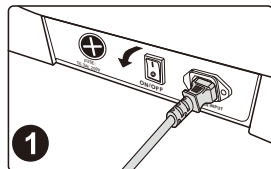
VIII.End massage

During the massage:

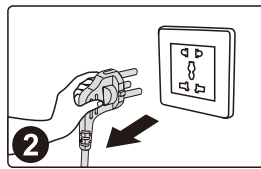
- 1.Long press the power button on the top of the remote controller to turn off all massage functions and reset the angle of the massage chair.
- 2.Long press the power button of the right armrest to turn off all massage functions and reset the angle of the massage chair.
- 3.Use the voice control to shut down, all massage functions off, and massage chair angle reset.
- 4.At the end of the fixed time, all massage functions are turned off. If the massage chair reset function is turned on, the angle of the massage chair will be reset. Otherwise, the angle of the massage chair will remain unchanged.



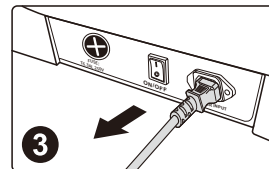
Cut off the whole machine power supply, as shown in the figure (Schematic diagram of power switch position of the whole machine).



1 Turn off the power switch ("0" position)



2 Schematic diagram of pulling out the power plug



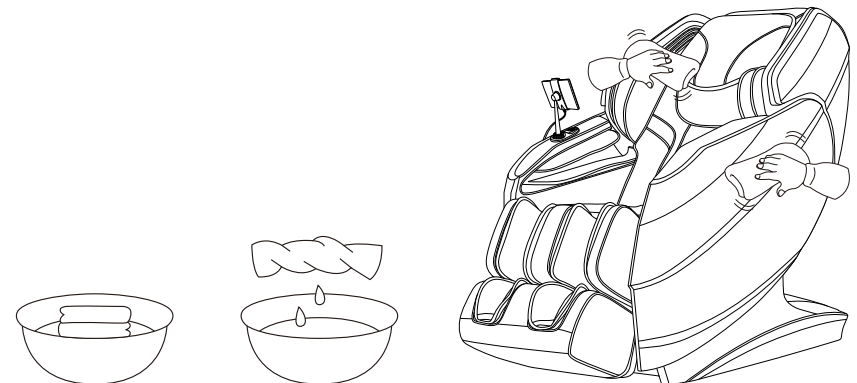
3 Remove the product connection power cord

Cleaning and Maintenance

Cleaning synthetic leather and plastic parts

Wipe the leather with a soft, dry cloth.

- Do not use chemicals such as thinner, gasoline, alcohol, etc. to clean the unit.
- When using commercially available leather care products (rags), please follow the instructions for use.
- If synthetic leather is particularly dirty, wipe it in the following way.
 - ① Immerse a soft cloth in water or hot water containing 3% to 5% neutral detergent, then wring it out thoroughly.
 - ② Use the above soft cloth to wipe the leather surface.
 - ③ Wipe off the cleaning solution with a cloth soaked in clean water and thoroughly wrung out.
 - ④ Wipe with a wrung soft cloth.
 - ⑤ Let it air dry naturally.
- When it is difficult to remove stains, please immerse commercially available melamine foam in neutral detergent, and then wipe the machine with it.
- Do not use a hair dryer to dry the surface.
- Be careful when wiping the machine with denim and colored fabrics, as the color of the fabric will stain the surface of the synthetic leather.
- Do not keep these parts in contact with plastic for a long time, as this will cause discoloration.
- Synthetic leather may be discolored, so when using hair dye, please cover the touched part with a towel.



Troubleshooting

Fault	When the calf mechanism or the backrest reaches a certain position, press the corresponding adjustment button and it will no longer change, and a continuous "beep, beep" sound will be emitted.
Solution	Due to product structure design and ergonomic requirements, this product has a limited protection design for the limit state of attitude adjustment. At the same time, a reminder sound will sound when the limit is reached.

Fault	The function does not work or some functions do not work after the machine is turned on.
Solution	After the machine is turned on by pressing the switch key, it is necessary to manually select an automatic massage program or other working state. If it is not operated, the machine will automatically shut down after 20 minutes. If the manual operation mode is selected, the functions that are not selected may be disabled, and the working mode needs to be manually set in the manual mode.

Fault	The machine makes a leather rubbing sound when adjusting its posture.
Solution	This product adopts high-grade anti-corrosion leather that meets environmental protection requirements. Due to the inherent characteristics of leather materials there will be a normal slight noise when rubbing at the relative movement, which is a normal phenomenon. Note: If you hear fabric or leather tearing sound when the machine is running, please stop using it immediately and seek professional maintenance.

Fault	The massage wheel did not reach the shoulders or neck.
Solution	If the head does not touch the head cushion or the back does not touch the backrest, the shoulder position may be lower than the actual position during the body shape detection process. Sit in the deepest position of the seat, rest your head on the headrest, and start over from the beginning.

Fault	The unit is damaged. The power cord or power plug is abnormally hot.
Solution	To prevent accidents, be sure to contact an authorized service center.

Please feel free to contact the designated service personnel for any questions or doubts about this product.

Product specifications

Model: iRest Grandease +

Symbol: A550

Name: Massage Chair

Rated voltage: 110-120V~ 60Hz ☐

220-240V~ 50Hz/60Hz ☐

Rated power: 150W

Rated time: 20min

Safety structure: Class I

Bluetooth Frequency range and power of 2.5mW

Manufacturer's declaration: Product is compliant with Directive: 2014/53/EU

SAVE THESE INSTRUCTIONS

Producer:

Zhejiang Haozhonghao Health Product Co., Ltd

No.18 XingLong Road, Furniture Garden, Wanquan Industrial Base, Pingyang, Zhejiang, China

e-mail: irest@irest.com

Importer and authorized representative in the EU:

iRest Europe Sp. z o.o.

Szewczeni 7/11

10-274 Olsztyn, Poland

e-mail: irest@irest-europe.com

Dear user, you can contribute to environmental protection.

Be environmentally responsible and return your used equipment to the relevant collection point designated by your local administration. The materials used to manufacture the device may be valuable recyclable resources and, if disposed of incorrectly, can pose a risk to the natural environment.

Remember - do not dispose of the device together with your household waste.

